United States Aging Demographics and Trends: Impacts and Implications for NORC-SSPs

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Introduction

• “It’s a dangerous business, Frodo, going out your door. You step onto the road, and if you don’t keep your feet, there’s no knowing where you might be swept off to.” - J.R.R. Tolkien
Demographics

- 65 and older population
- 85 and older population
- 100 and older population
- Older women
Housing

- Preferences
- Institutionalization rates
- Living alone
Health, Disability, and Disease

- Heart attack/stroke
- Cancer
- Vision and hearing
- Alzheimer’s/memory impairment
- Mental health
Health, Disability, and Disease (con’t)

- Functional limitations
- Falls
- Hospitalizations
- Inactivity
- Health care workforce
Social Service Needs and Trends

• Poverty
• Hunger/food insecurity
• Housing
• Transportation
• Abuse, exploitation, and neglect
• Social isolation
Volunteerism

- Numbers
- Estimated value
- Benefits
Family Caregiving

- Role in community-based care
- Long-distance caregiving
- Costs and savings
- Risk factors and implications for institutionalization
Long-Term Care

- Nursing homes
- Community-based care
- Spending
Policy

- Olmstead Decision
- Cost concerns
- ‘Re-balancing’ of long-term care
- Community Innovations for Aging in Place
Discussion

• Which of these trends *most* impact aging in place?
• On which of these trends can NORC-SSPs have the *greatest* impact?
• Through *which types of programs* could NORC-SSPs have that desired impact?