Jewish Family and Children’s Service of Minneapolis
Annette Sandler, MA in Gerontology
Supervisor for L’ Chaim Senior Services
Program Coordinator for Nurturing Our Retired Citizens (NORC) project

- Member of the Board of Directors of the Faith Community Nurse Network of the Twin Cities (FCNN)
- Member of the Leadership Group of the Vital Aging Network (VAN)

Jewish Family and Children’s Service of Minneapolis
NORC: Nurturing Our Retired Citizens

• **Mission:** To Enable Older Adults to remain in their homes and in their community for as long as they can with the support they need to be healthy, safe and engaged citizens.

• **Vision:** To create an environment that nurtures healthy aging and inspires residents of all ages to work toward that goal.

Jewish Family and Children’s Service of Minneapolis
Assess the needs and services

Outcome of the assessment

• Gaps in service
  • Biggest gap is in knowledge
• Outreach to isolated seniors
  • Police and fire as first responders
  • Hairdresser
• Faith communities

Jewish Family and Children’s Service of Minneapolis
Addressing the Knowledge Gap
Resource Directory
Health and Wellness Lectures
Newsletter
Faith Communities Network
Congregational Nursing

Jewish Family and Children’s Service of Minneapolis
Why Faith Communities?

- Hennepin county shape Study: 85% of people remain connected to a faith community.
- Congregations:
  - Already know who is isolated
  - Built in volunteers to serve that population.
  - Being part of a community they trust.
Congregational Nurse
Faith Community Nurse
Parish Nurse

• Trust
• Spiritual needs
• Expertise of a nurse

Jewish Family and Children’s Service of Minneapolis
What does the nurse do?

- Blood pressure screening
- Flu shots
- Teach exercise class
- Fill out medical forms
- Attend doctor visits and translate information
- Help with housing issues
- Teach health prevention
- Support and grief groups
- Transportation
- Organize volunteers

The nurse does NOT do any hands on nursing.
Jewish Family and Children’s Service of Minneapolis

- Shema: Listen
- Mi she-Berakh: prayer of healing
- Arvot: Community Responsibility
- Tefelah: Prayer
- Bree’ oot: Health
- Bikur Cholim: Visit the Sick

- Faith Community Nursing: Developing a Quality Practice
  - By Carol J. Smucker, PHD, RN and Linda Weinberg, PHD, RN

Jewish Family and Children’s Service of Minneapolis
Who needs a nurse?

- Nurse will serve congregants from birth to death
- People with no family in town
- People needing spiritual connection
- Families needing respite
Importance of Faith Communities

- They are Cultural Sensitivity
- Meet the expectations of congregants
- Nurse is part of a community they trust.
- Budget Cuts
  - Heath care industry
  - Government services
  - Social service agencies

Jewish Family and Children’s Service of Minneapolis
NORC Congregational Nurse Programs

Jewish Congregations

- Bais Yesroel
- Keneseth Israel
- Beth El Synagogue
- Adath Jeshurun Congregation
- Temple Israel
- Bet Shalom
- Bnai Emet
NORC Congregational Nurse Programs

Additional Faith Communities

- Holy Family Catholic Church
- Adlersgate Methodist Church
- UCC, United Church of Christ
- Sviet Miur, Light of the Word Church
- Masjid El Nur, Mosque
- Friendship Baptist Church
- He Is Risen Church of God in Christ
Sustainability Plans

- What is the Mission of the project and the objectives that will be used to achieve this?
- What is the program history?
- Description of the current and past funding.
- Long term sustainability goals.
- Three year budgets.
Budgets

- Estimated expenses inflated by 3% per year
  - Salary, mileage, printing, postage, occupancy, liability insurance for the nurse, continuing education
- Estimated Income
  - Individual donors, endowments, grants, operational budget, in-kind
Why JFCS?

Serve people of all backgrounds

Our tradition of Tikun Olam

100 year history of social service

Strong infrastructure to create these programs

Jewish Family and Children’s Service of Minneapolis