

Camp Shalom's 46th summer, another success

By Dani Rosenkrantz and Tamara Ohayon



After two *ruach* (spirit)-filled weeks, Camp Shalom 2015 came to a close on July 31st. This year's camp brought together a combination of old camp traditions and new enhancements.

Building on the success of last year, many campers enjoyed using the bus transportation to journey to and from camp with their friends from Lexington. Our camper roster this year was made up of a big group of little ones in the Ofarim and Tsofim groups and small but mighty groups of campers in the Chalutzim and Habonim-Gesher (aka. HaboGesher) groups.

Upon arrival, this year's awesome group leaders Marshall Roorda, Hanna Martin, Mara Slepyan, Austin Norrid, Will Bourne, and Josh Kline, counselors Charles Brennan, Katy Brennan, Andres Gedaly, Michael Edelstein, and Max Kaufman, and CIT Nell Adkins, guided the campers through an even wider variety of activities for the campers to engage in than in years past.

In classic camp tradition, this year's program included camper favorites like morning shira (song), *teva* (nature), crafts, cooking, and sports. Campers experienced activities including nature hikes and learning to track animals with our zoo-experienced *teva* specialist, Riley Bresnahan. In arts and crafts, campers had the chance to make projects such as trees of life, Mark Chagall-esque paintings, and comics with art specialist, Emily Rubinson. Cooking included a dose of sweetness in the form of homemade chocolate chip bagels, "dirt" made of Oreos and candy worms, and ice cream. Once again, sports was lead by camper favorite Chaz Foster, who helped the campers learn sportsmanship and physical fitness (*continued, pg. 2*)

Israeli Consul General Visits Lexington

By Betty Nigoff

The Jewish Federation of the Bluegrass hosted Consul General of Israel, Yaron Sideman and Congressman Andy Barr at Temple Adath Israel on Monday, August 17, 2015. The topic was "Perspectives on Israel, Iran, and the Middle East".



Israel Consul General, Yaron Sideman.

Rabbi Wirtschafter and Rabbi Smolkin were in attendance along with about 50 people, mostly from OZS and TAI. After JFB President Mike Grossman introduced both speakers, Andy Barr spoke about his very recent trip to Israel. Congressman Barr was very passionate about the places he visited in Israel, and the people whom he met. He now understands how vulnerable Israel is in a not-so-friendly neighborhood, and wondered what the Middle East would look like without Israel. He spoke about the many scientific discoveries and (*continued pg. 2*)

CAMPAIGN NEWS

Support Camp Shalom

Camp Shalom is one of our community's treasures, and its creation in 1968 was the catalyst for the establishment of our federation. The vast majority of our children have participated either as campers or staff. This past summer was a banner year for camp. The atmosphere was teeming with *ruach*, Jewish music, and dance. Our staff was superlative, and thanks to a grant from the Jewish Heritage Fund for Excellence, we were able to hire a Jewish program specialist, camp nurse, and to provide bus transportation. As I left Camp Shalom on the last day of week one with my 8 year old twin grandsons who attended for the first time, I asked them how good camp was on a scale of 1 to 10. Na'or said that on a scale of 1 to 10, camp was 100. Lev said that on a scale of 1 to 10, the counselors were a million. You can't beat that!

You can help us continue to offer this experience to our children by giving generously to the 2015 campaign and by giving targeted gifts to camp for scholarships or special programs such as the visit by the Israeli Scouts. We are confident that next summer will be another wonderful season at Camp Shalom, and we encourage you to send your children and grandchildren and to volunteer.



Director's Report

Judy B. Wortman

Shana Tova Wishes

As we approach the celebration of Rosh Hashana 5776, it is appropriate to review the year we are completing and set goals for the coming year. This past year has had its high and low points for me personally – my

husband David's death followed several weeks later by the birth of our seventh grandchild (the sixth grandson). The year marked the death of other beloved members of our community and the birth of more babies than I remember being born here in any of the 6 years that I have lived in Lexington. These events bring to mind the fact that our federation serves members of the Jewish community throughout their lives – from birth to death – in times of joy and grief. As soon as a new child is born, a Federation volunteer or staff member delivers a baby basket to the family. Included in the basket is a PJ Library book, a set of nesting aleph-bet blocks, a green teething toy, and information about enrolling in PJ Library. In addition to providing PJ Library books, we offer PJ Library programs to babies and young children and their parents throughout the year. This year, in cooperation with OZS and TAI, we sponsored a monthly playgroup for our youngest children that took place on Sunday mornings while our older children were in religious school. We look forward to continuing these programs in the New Year. By the time our children turn 4, they are able to enroll in Camp Shalom. We serve children until age 14 and then train them to serve as Camp Shalom counselors. Camp is the one place where our children enjoy being with a majority of Jewish children and develop relationships that cross congregational lines.

Jewish Family Services provides Jewish Family Life Education programs as well as short term counseling and referral that help us navigate the waters through times of joy and grief. In August JFS sponsored a program called "Sleepless Babies and Sleepy Parents: How to Get Everyone to Sleep" (*continued, pg. 3*)

(*Camp Shalom, cont. from pg. 1*) skills through games of capture the flag, yoga stretches, and of course, ample rounds of Gaga. This year's programming also included a big infusion of Jewish education, brought by former camper Heidi (Zimmerman) Simons as our Jewish Programming Director. Heidi facilitated discussions about Jewish values and stories based on our camp theme of Matriarchs and Patriarchs, as well as Shabbat parashot, surrounded camp with Hebrew words, and helped lead the camp in practicing the hamotzi and birkat hamazon during meal times. In addition, Malka Hartman, musician, former folk dancer and educator, got camp moving and singing to Jewish songs and Israeli dances daily. The children had the opportunity to learn many new dances and songs this year and performed a few of them at the open house programs on Friday afternoons. Finally, water activities such as water balloons, shaving cream, slip and slide, and deck pool time provided the campers with some "cool down" fun before the bus and parents began arriving. Tuesdays and Thursdays offered additional fun in the sun at the Tates Creek Pool for extended day campers.

In addition to our great 2015 staff, we also had visits by some wonderful volunteers: Kathy Feinberg and son, Jonathan Feinberg, and Mimi Kaufman who helped with challah braiding and baking; our guest storytellers Connie Loventhal and Margaret Cadle from Spellbinders, as well as Linda Ravvin and Rabbi Mira Wasserman; our guest cooks Lisa Martin and Karen Petrone; Blake Newton from the University of Kentucky Entomology department who brought bugs for the children to see and learn about; Debbie Masters who helped fill in where needed and took many photos for us; Victor Orlov who ran our CPR training and took group photos, as well as other photos during the two weeks; rabbis David Wirtschafter and Moshe Smolkin who joined us for open house and helped our camp family welcome Shabbat together; and the always exciting Israel Tzofim Friendship Caravan, who joined our Yom Israel program, led educational activities about Israel, and put on a special performance for the children.

Additional thanks go out to our dedicated Camp Shalom committee, Karen Gedaly, Kristen Hoffman, Julie Boral, Minna Katz-Brown, and Elissa Weinstein, Chairperson, as well as the Federation board and staff for their assistance with moving, supply pick-ups, and time helping at camp.

And of course, Camp Shalom would not be possible if it were not for the support of our local organizations and Jewish community: the Girl Scouts of Kentucky Wilderness Road Council and their staff for providing us with a beautiful facility and staff support; the Jewish Heritage Fund for Excellence for their financial contributions to our staff and transportation funds; our local congregations, Ohavay Zion Synagogue and Temple Adath Israel for their input, rabbinical time, and facility space on rainy afternoons; our local donors, without whom Camp would cease to run; and



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most importantly, our Camp parents who have entrusted the Camp Shalom staff with the care of their children. Thank you!

This year's programming, energized staff, lovely volunteers, and fabulous campers helped bring an increased feeling of ruach to Camp Shalom. Next year, as always, we will aim for bigger and better and hope your children and grandchildren will join us. Have a great year!

(Israeli Consul General Visits, cont. from pg. 1) advances that emanate from Israel, as well as the Israeli advanced technologies and start-up companies.

During his trip, Mr. Barr met and listened to Ambassador Daniel Shapiro, journalist David Horowitz, President Reuven Rivlin, Chairman of the Israeli Labor Party Isaac Herzog, Prime Minister Benjamin Netanyahu, and Ambassador Ron Dermer. He visited Ashkelon, Sderot, the Gaza border, a kibbutz in southern Israel, Jerusalem and the Western Wall, Yad Vashem, Iron Dome post in Caesarea, Jezreel valley, Ramallah, Golan Heights, Tiberius, Sea of Galilee, Dead Sea, and Masada. He rode in a bullet proof van to Ramallah and met with PLO Vice President Abdullah. Mr. Barr lunched with 20 Israeli Defense Force soldiers and was very impressed with their maturity, self-confidence, and entrepreneurial spirit.

Mr. Barr told us what happened on Masada after the 2nd Temple was destroyed – how the Jews settled on Masada and the Romans attempt to capture them. He stated this story shows the defiance of the Jewish people.

He had Shabbat dinner with some Americans who made aliyah to Israel years ago and was very impressed by their spirit as well. He said the wife stated “the people of Israel are happy because they are making a difference.”

Through all of these experiences, Congressman Barr noted how very public-spirited hopeful, and positive Israelis are. He was told about a wedding that took place while the Iron Dome was intercepting a rocket, demonstrating hope in the future for couples and families.

Congressman Barr is against President Obama proposed Iran nuclear plan even more now that he has been to Israel and has seen how vulnerable this tiny country is. He was riding in a taxi, and the driver not knowing he was driving a US Congressman, said he opposed the Iran proposed deal.

Congressman Barr took a few questions before he had to leave for another meeting.

Consul General Sideman stated that his job is to build meaningful relationships with the people of the United

States, and encourage open and honest dialogue with the U.S. and Israel. There is a cocktail of radical Islamic organizations now, as compared to the past. There is currently some counter terrorist collaboration with Egypt.

Mr. Sideman said there are 2 problems: 1) Iran, and 2) everything else. He spoke about why the proposed Iran deal is not good, and emphasized it has an expiration

date of 10 years. He also spoke about a 2 state solution, but until the Palestinians recognize that Israel has a right to exist as a Jewish state, this solution will never come to fruition.

Consul General Sideman also entertained questions from the audience. He was asked what would happen if this deal is blocked. He stated this is not a binary choice, meaning it is not this deal or war, but that a better deal needs to be formulated. He stated PM Netanyahu said the real threat is not that Iran will cheat, but 1) Iran has access to an arsenal in 13 years, and the path to an Iranian deal is internationally sanctioned, 2) the possibility of abandoning bipartisan policy with this agreement and allowing Iran to have nuclear weapons in 13 years, and other Arab states will do this as well, meaning nuclear proliferation, and 3) there is a broad Israeli consensus that sanction relief will flow into rebellious hands. He recommends overriding the veto, keeping sanctions in place, and ratcheting up those sanctions.

Rabbi Wirtschafter thanked both men for coming to speak, and gave each a blue and white Frisbee stressing blue and white applies to both the University of Kentucky and Israel.

(Director's Report, cont. from pg. 2)

While Keeping Your Sanity.” Later this year JFS will sponsor a program about setting up advance directives and wills. In working with retirees, we have developed a new program called Arts and Adventures geared at providing our community members who are no longer working with meaningful cultural activities. In the coming year we will continue to offer adult education program including our monthly Lunch and Learn with the Rabbis, Global Day of Jewish Learning and, One Book- Lexington. As we look toward 5776, we welcome you to join us as we care for one another, learn together, rejoice, and celebrate a New Year.



Kentucky Congressman Andy Barr.



ASK JFS

Mimi Kaufman

12 Tips to help you navigate those first years of parenthood

- When your child is a newborn, don't trade sleep for a clean house. One is restorative, the other is not.
- Remember that moms and dads do things differently from each other, and we all want to succeed. Agree on the big things; let the little things go.
- Barter for a date with another family every week if you can!
- Follow your child's lead and watch and listen. They will teach you who they are.
- Read to your child every day.
- Eat dinner together.
- Remember that a small child is a complete person with all of the emotions that adults have.
- Try to allow for differences. Your child may be your opposite, but we learn more from people that are different from us than those that are similar to us.
- Keep a good friend close by.
- Support single parents and their children. Invite them to dinner.
- Get parenting support from experts and friends who can help you prevent small issues from growing into big problems.
- Treat every child as if they were your own, and help make the world a better place.

Source: <http://parentsplaceonline.org/blog/>

Show Your Support

Help us keep Shalom solvent.

You may contribute online or mail a check to JFB, 1050 Chinoe Rd Ste 112, Lexington, KY 40502.

Please make checks payable to JFB and write "Shalom" on the memo line.

Giving levels

Chai - \$18; Double Chai - \$36; Three Times Chai - \$54; Haboneh (Builder) - \$72; Gibor (Hero) - \$90

Funding for Community Study Approved by Jewish Heritage Fund for Excellence

By Judy Wortman

In its efforts to develop a strategic plan for the future of Lexington's Jewish community, the Presidents Council applied for a grant to the Jewish Heritage Fund for Excellence in Louisville to subsidize most of the cost of a community study of the local Jewish population. On August 27, the grant was approved. 20% of the cost of the study will be shared by the Federation, congregations, the Lexington Havurah, Hadassah, and B'nai B'rith, and 80 % will be paid by the foundation.

We have engaged Ukeles Associates, Inc. to conduct the study. This firm has conducted studies in 150 Jewish communities as well as other non-profit organizations and local governments. The primary researchers working with us will be Dr. Jacob Ukeles and Dr. Ron Miller. They will be assessing the feasibility and desirability of a range of strategies for enhancing Jewish life in the Bluegrass Jewish community. They will assist the leadership of the Federation, congregations and organizations in making informed judgments about the best way to develop the future physical and cultural infrastructure of the community.

As part of the study, we will be emailing a questionnaire to all known Jewish households. We encourage everyone to respond to the survey. Please help by making sure that either the Federation or your congregations have your correct email addresses. The email addresses will not be used for any purpose other than the study. If you have any questions, please feel free to call Judy Wortman at 268-0672 or email her at jfb@jewishlexington.org.

Shana Tova!
Best Wishes for a Happy
New Year!



B'NAI B'RITH
Stanley Rose Lodge #289



**Ask a Rabbi—
Rabbi David
Wirtschafter,
Temple Adath Israel**

Listening to the Shofar

“Why does the blessing before the sounding of the shofar focus on hearing the sound rather than making it?”

Answer: Generally speaking, there is a direct connection between

a blessing and the person who fulfills it. You say the Kiddush, you drink the wine. The person who says the blessing over the candles is the person who lights the candles. We say “*hamotzi*,” and we eat the bread.

The sounding of the shofar and the blessing that proceeds it are an exception to the rule. The *beracha* is as follows: “Blessed are You, Eternal Ruler of the Universe Who commands us to *hear* the voice/sound of the shofar”. Notice that the wording is not “Who commands us to blow/sound the shofar” but rather to listen to it. At first glance, this seems illogical. Hearing the sound is passive; making it is active. Have you ever heard anyone say: “sorry, got to run, I have to practice listening to the shofar now” Has a ritual committee chair ever raised her hands to the heavens saying: “What are we going to do? We have no one to listen to the shofar this year?” It would seem that the listeners are dependent on the shofar blower, rather than the other way around.

Jewish tradition, however, would have us look at the matter differently. Without listeners, gathered at the proper time, the sounding of the shofar, in and of itself, does not fulfill the mitzvah. The person who blows the shofar *and* the people who listen to it are dependent on one another to meet this obligation. In the absence of a congregation, the rabbi, the cantor, and the shofar blower might all execute their specific worship tasks, but they have not actually led or even participated in a service. It is the congregation that makes worship possible. Without participating listeners there is no service. You may very well be counting on us, but so too we’re counting on you. It’s not merely up to a few people to make High Holy Day services compelling, meaningful, and memorable. It’s up to all of us. Speaker, singer, shofar blower, and listener alike are required to create the kind of atmosphere we need.

A large degree of the responsibility for making sure we have a good worship experience is up to those who lead it, but not all of it. Some of it is up to you. What kind of listener, what kind of participant are you going

to be? What will you be listening for? How will you respond if you experience something other than you expected? How receptive will you be to a new preacher, a new melody, a new approach to prayer? The only person who can answer these questions is you. *How* you answer them has a direct impact on the kind of High Holy Days this will be for you and those around you. I urge you to be the kind of listener that you would want listening to you.

As we gather together for this year’s High Holy Day services, I ask that you enter into your sanctuary with a loving heart, an attentive ear, and an open mind. There can be no real High Holy Day worship, festival worship, or Shabbat worship, without you, the congregation. The wording of the blessing for the shofar serves as a powerful reminder that experiencing the awe and grandeur of the season demands that all of us be ready, willing and able to treat these days with the dignity they deserve. *Shana Tova U’Metukah*—Wishing You a Good and Sweet New Year!

Have a question? Ask a rabbi.
The rabbis write columns in response to questions submitted by the readers. We encourage you--whether you are a member of the Jewish community or not--to submit your queries on theology, morality, ethics, religious observances, etc. for response by one of our rabbis. If you have an issue you would like to see addressed, please email it to shalom@jewishlexington.org and put “Ask a Rabbi” in the subject line of your email. (It may take quite a while until your question is answered or it may never be answered, if no rabbi selects it.) You will not be identified as the writer of the question to either rabbis or readers, nor will you be asked to specify which rabbi should answer.

May this New Year be one of joy, happiness, and good health. May we celebrate community and family and strive to strengthen the bonds between us. May we continue to hold Israel dear to our hearts and wish for peace—for her, and for all the world.

**L’Shanah Tovah!
from the
Jewish
Federation
of the Bluegrass**



Community Leaders Honored

By Barbara Goldman



On Sunday, September sixth, the Lexington chapter of Hadassah, community members, friends, and relatives will gather to honor Judy and Stanley Saxe.

Marcie Natan, National President of Hadassah, will be the keynote speaker.

“Stan and Judy have always been generous with both time and money,” said Lexington Hadassah President Melanie Shapiro of honored guests. “Gifts have been made from California, Israel, and all over the world because of the many lives the Saxes have touched. All three of the Saxe’s children are also flying in for the event.”

Judy and Stanley have shown unparalleled commitment and generosity to Hadassah and to the Lexington Jewish Community for over 50 years.

Stanley, D.M.D., a former professor of periodontics and geriatric dentistry in the UK College of Dentistry, helped spearhead the university dental program from its very beginning in the 1960s.

“We decided we could go to Kentucky and we would try it for two years,” said Judy. “That was 53 years ago. All three of our children grew up here. The Jewish community was especially welcoming when we came here.”

“We would treat our students with respect as young doctors and colleagues,” said Stanley, attributing the new approach to learning as a key appeal in his decision to help lead the school. “Interpersonal relations and a concern for people have always come first.”

Both Judy and Stan have led the community in a variety of positions. Stanley is a recipient of the Harvard School of DM Golden Anniversary Award, served as president of Ohavay Zion Synagogue, worked as one of the founders of the Havurah, founders of Lexington Havurah, president of the lake association where their home is located, and also as Shalom editor. Judy has served the community as Hadassah President both locally as well as Regional, OZS Sunday School principal, Co-chair of the Sisterhood, and Administrator of the Central Kentucky Jewish Federation. Both have served as past presidents of CKJF among many other boards, roles, and titles.

“I got to install him,” said Judy with a smile.

“They both have always wanted to share,” said Shapiro. “They are two of the happiest, most humble, and wonderfully remarkable people I have ever met. Judy loves Hadassah like know one I have ever seen.”

Shapiro said Judy was one of the first people to welcome her to Lexington 10 years ago. “Judy was very warm, accepting, and genuinely kind,” said Shapiro. Shapiro attributed the Saxes connection to Israel and Zionism as inspiration to those around them. “It is just incredible,” said Shapiro.

The daughter of a rabbi, Judy said she grew up hoping there would be a State of Israel, and when it finally happened it was a very exciting time in her life. “We have been back and forth multiple times both with and for Hadassah as well as for family,” said Judy.

“I never thought I would see such vast changes in the infrastructure,” said Stanley. “It is amazing to see the new things that develop between each trip.”

“There is a wonderful satisfaction in doing something beautiful,” said Judy.

Stanley referenced tikkun olam, a Hebrew phrase that means “repairing or healing the world”, which suggests humanity’s shared responsibility to heal, repair, and transform the world. “If you can do good, be helpful, do supportive things others can enjoy, it has its own reward and sense of accomplishment,” said Stanley.

“We grew up working hard but with a lot of satisfaction,” said Judy, who also worked rigorously in social work. “The American Jewish community had a different sense of awareness and reality after the war and all of the death that came with the war. One of the things I got from my father with all of this, was being Jewish should not be a burden or a struggle, but a lot of joy. There is so much joy in being Jewish and Judaism. Part of that is trying to share this and make other participatory members of the community have positive, satisfying, and gratifying experiences.”

“I have been friends with the Saxes for almost five decades,” said Gail Cohen. “I have observed their dedication to the Jewish community here in Lexington and around the world. They have both taken on numerous leadership roles over the years and served with distinction. It is always a pleasure to work with them on any project. They are so very deserving of the honor they are about to receive.”

“It is incredible how much time and energy they give to all their efforts,” Marcia Blacker said, “They are also great friends who are there for you whenever you call.”

“I don’t think anyone would have a bad word to say about Stan and Judy,” said Jane Chaput. “They are

beloved. They have people coming to this event from all over the country.”

“It was the community that kept us here,” said Stanley. “I wasn’t lucky enough to have been born here, but we chose to move here and stay here. We are Kentuckians by choice.”

The event will be held at 5:30 p.m. Sunday, September sixth at the Embassy Suites. If you have any questions about the event or tribute book, please contact Jane Chaput at chaput1@windstream.net.

The Jewish Federations of North America’s Statement on Iran

This statement was issued the day after the proposal was announced.

July 14, 2015

Jewish Federations can be found in nearly every city in North America, and our leaders are among the most committed philanthropists in their communities. In just three generations, Jewish Federations across North America forged one of the top 10 philanthropic networks on the continent, helped rescue millions of Jewish refugees from across the globe, helped to build the State of Israel and continue to touch more Jewish lives than any system in the world.

That is why we feel it is so important to speak out on today’s agreement with Iran.

We are hopeful that diplomatic efforts will prevent Iran from developing nuclear weapons, and we appreciate the hard work President Obama, Secretary of State Kerry and Under Secretary of State Sherman have put into crafting this agreement.

At the same time, we are concerned. Iran’s support for Hezbollah and Hamas, its human rights violations and its aggressive threats toward neighboring countries—including Israel—make the specter of a nuclear-armed Iran untenable.

President Obama and his administration have repeatedly said that any deal with Iran must shut down Iran’s uranium enrichment pathway to a weapon, cut off all four of Iran’s potential pathways to a bomb, and track Iran’s nuclear activities with unprecedented transparency and robust inspections throughout its nuclear supply chain. We agree.

We urge Congress to give this accord its utmost scrutiny.



B’tayavon: Original Plum Torte

Submitted by Vivian Bitensky

3/4 cup sugar
1/2 cup unsalted butter
1 cup flour (sifted)
1 teaspoon baking powder
pinch of salt
2 eggs
24 halves pitted plums
sugar, lemon juice, cinnamon for topping



1. Preheat oven to 350 degrees.
2. Cream the sugar and butter in a bowl. Add the flour, baking powder, salt and eggs. Beat mixture well.
3. Spoon the batter into a spring form pan. Place the plum halves skin side up on top of the batter. Sprinkle lightly with sugar and lemon juice, depending on how the fruit has set. Sprinkle with about 1 teaspoon of cinnamon.
4. Bake one hour, approximately. Remove and cool. Serve plain or with whipped cream.

Enjoy!



**pj playgroup
is back!**
Join us
September 27, 2015
from 10:15 to 11:30am
at
Temple Adath Israel
for
“Sukkot”
please RSVP to
pjlibrary@jewishlexington.org

To learn more about PJ Library program visit www.pjlibrary.org. For info about our local program and event schedule or signing up for books, contact us at pjlibrary@jewishlexington.org or 268-0672.

ISRAEL 21C: Spotlighting Israeli aid on World Humanitarian Day

International day celebrates the spirit that inspires humanitarian work across the globe.

Posted by Viva Sarah Press

August 19, 2015, 7:00 AM



Hundreds of casualties were tended at the IDF field hospital in Kathmandu, Nepal, after the earthquake earlier this year. Photo by IDF Spokesperson via flash90

A mind-boggling 57.5 million people in 22 countries will receive humanitarian aid in 2015, according to a [UN report](#). And that number does not include anyone displaced by a natural disaster.

As the world marks World Humanitarian Day today (August 19), it seems that the humanitarian aid workers worldwide – 280,000 according to the United Nations Office for Coordination of Humanitarian Affairs – are up against a truly Sisyphean task.

And for the volunteers and workers – including Israeli aid teams — World Humanitarian Day is every day.

“I’m happy that there is a World Humanitarian Day because it recognizes that tens of thousands of people are jeopardizing their lives to save millions of others around the globe. And I’m especially happy that Israel is part of this community,” IsraAID founding director Shachar Zahavi tells ISRAEL21c.

Israel is among the world leaders in search-and-rescue

operations, medical aid and setting up field hospitals, offering agricultural, environmental, educational and therapeutic solutions — and, unfortunately, in handling mass casualties.

From the country’s most recent aid delegation to [Myanmar’s flood-ravaged areas](#) to the [2009 typhoon wreckage in the Philippines](#) to the ongoing [fight against Ebola](#), Israel’s humanitarian-aid delegations – both government-sponsored and nonprofit organizations – take [humanitarian awareness and responsibility](#) to the next level.

You can find Israeli-led aid programs in Liberia, Nepal, Iraq, Myanmar, South Sudan, Japan, Haiti and many other countries.

The Israel Defense Forces, [Israeli Flying Aid](#), IsraAID, MASHAV-Israel’s Agency for International Development Cooperation, [Save a Child’s Heart](#), Adam LeAdam, Natan, Tevel b’Tzedek, ZAKA, Magen David Adom, United Hatzalah and Latet are among the groups that have contributed to Israel’s humanitarian commitment around the globe.

“Everyone is really glad that we’re there and helping,” IsraAID’s Zahavi tells ISRAEL21c about the welcome his volunteers get at each new site.

While Israeli humanitarian personnel are known for their quick and professional response times, they are also acknowledged for their continued training and support to help devastated communities get back on their feet long after a disaster happened and be better prepared for future crises.

That’s why in 2015, you’ll still find [Israeli aid workers in Haiti](#) helping to heal communities affected by the earthquake of 2010, and Israeli social workers still [in South Sudan training community leaders](#) to combat gender-based violence.

World Humanitarian Day organizers explain that the date was designated by the UN General Assembly to coincide with the anniversary of the deadly 2003 bombing of UN headquarters in Baghdad.

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Israeli Flying Aid founder Gal Lusky tending a South Sudanese orphan. Photo courtesy of Gal Lusky

“As the world becomes a more and more volatile place, this has never been more important. There is an urgent need to realize a greater sense of responsibility and develop a sense of global community. World Humanitarian Day should inspire action and make it clear that we stand in solidarity against conflict, torture, disease, famine, suffering and the poor leadership that often turns a blind eye. This day is a great opportunity to get involved and do something to help those who need it the most.”

The theme of World Humanitarian Day 2015 is “Inspiring the World’s Humanity,” and it’s not a cliché to say that the world knows it can count on Israel when in need.



The Lexington Chapter of Hadassah

Wishes everyone in the Jewish community of Central Kentucky a very healthy and happy 5776.

L'Shanah Tovah.



May all of us be inscribed for a year of health, happiness and kindness. We pray that this season of holiness brings us to be and to do our best to face challenging times that cause us to struggle and moments of celebration that lift our hearts.

*Shanah Tovah u' Metukah
Wishing You
A Good and Sweet Year!
Temple Adath Israel*



Visit the Shalom online at jewishlexington.org for more photos of Camp Shalom!

THE LEXINGTON HAVURAH

Gail Cohen, President

The Lexington Havurah, founded in 1978, is a network of diverse people dedicated to Jewish learning and renewal, community building, and tikkun olam (repairing the world). A havurah is defined as a gathering or community of friends. The Lexington Havurah is affiliated with the United Synagogues of Conservative Judaism and the National Havurah Committee. Members plan, conduct, and share responsibility for all services. For additional information about services or membership in the Havurah, please contact me at gail.cohen@twc.com.

By Judy Goldsmith

Do you remember what it was like to go to services in a new community, or to find yourself away from home on the High Holy Days? I have been welcomed into small communities and Havurahs by friends of friends, by people I know, and by strangers. Among the ones that stand out in my memories are the times when I knew few or no people in the congregation and the times when I felt that I contributed something important to a service.

I remember the Hillel service when I was in college, where the rabbi walked to the back of the room to offer a young mother of a restless child a sip from the kiddish cup. As he walked back to the makeshift pulpit, the child announced, "That's a nice man." He was. And he blushed a lovely shade, as well.

I remember the temporary space our shul in New York rented from Cooper Union College, mostly because of the sound of the seat bottoms swinging up, screek!, each time we stood. I remember the temporary space a congregation in the Chicago 'burbs used with all images of Jesus carefully hidden behind draperies. The Havurah here has met in apartment complex clubhouses, beneath what is now the Lansdowne Club, in the basement of the library, and in people's homes.

I attended services in Beijing some years ago. The rabbi had flown in from Florida, and I remember him talking about how, on the trip there, he'd been contemplating mortality. When the passport control officer asked where he was going, he said, "To worms," and then had to explain he was more proximally headed to China, not Germany. I remember complementing one of the machers of the community on the lunch afterwards, and learning that the Chinese chef was quite excited to learn how to make this exotic food. Kugel, I think, and matzah ball soup.

Every year as we organize the post, Yom Kippur potluck break-the-fast, I think of my grandmother. She always broke her fast gently with tea and toast, and then after her body was used to the idea, ate dinner. Here, we dive right in. I may not be carrying on her traditions, but I carry the thoughts of her. And that is good enough.

I will probably give another sermon this year. I don't know yet what it will be about, nor whether I will

remember it in future years. I have no idea what I will take to the break-the-fast potluck. But I know that I will feel welcomed there. If you, dear reader, would like to participate in our services, you, too will be welcomed.

We will eat challah and apples and honey, or perhaps you'll welcome in the year with something else. Whatever delights the tongue and fills the belly, may it be available to you throughout the year. And may you be written down for a healthy and happy year.

For information about time and place of the Havurah services, please contact Gail Cohen at (859) 272-1459, or by email at gail.cohen@twc.com.



ATTENTION PROUD GRAND-PARENTS, PARENTS, & STUDENTS
We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to shalom@jewishlexington.org

THE LEXINGTON CHAPTER OF HADASSAH

Melanie Shapiro, President

Greetings, Hadassah Sisters,

I hope you have been experiencing the joys of summer - more daylight hours, lighter clothing, maybe even more time to connect with friends and family. But as the High Holidays approach, summer will soon just be a memory to sustain us through the coming fall and winter months. So, appreciate these last few weeks of warmth and sunshine while you can.

Here in Lexington, September starts with an extraordinarily special event when we celebrate over 50 years of service and generosity by our friends and mentors, Judy and Stanley Saxe. We are so honored that Marcie Natan, national president of HWZOA, is the keynote speaker. Guests are expected from around the country to show their respect and affection for this wonderful couple. We are so fortunate to have Judy and Stanley as part of our community.

The beginning of a new year is a great time to renew your efforts to keep in touch with our Hadassah sisters. Just as sisters in a family don't always look alike, Hadassah sisters can look very different. Hadassah is a Jewish women's organization, but you certainly do not have to be Jewish to belong. You just have to have a heart for "Tikkun Olam", making the world a better place for everyone. Hadassah women care about each other's life events; we share our intellect and emotions. We are "there" for each other and advocate for ALL women in the wider world, too. Check out Hadassah's Advocacy news www.hadassah.org/advocate. Advocacy is a great way to effect change in the world through the collective power of Hadassah, whether it be in our own communities by supporting legislation that improves health care access and medical research for women, or speaking out against pervasive evils in our world like the trafficking of women and girls for the purpose of sexual slavery.

We are planning one last Buddy Walk on September 20, in conjunction with Hadassah's walking program, "Every Step Counts," which started last spring and will wrap up at the end of this month. Millions of steps have been taken by Hadassah women around the US to improve their health through physical activity. Meet at the UK Arboretum under the water tower at 4pm to enjoy the last day of summer with a healthy, relaxing walk. The hope is that you will continue to walk and monitor your physical activity well beyond September and make walking a habit as part of a longer, healthier life.



The young(er) women of Hadassah plan to enjoy "Margarita Monday" on October 12, as an opportunity to socialize and network with their peers. During the Veteran's Day congressional recess, members of our local chapter plan to meet with our elected representatives locally ("Day in the District") to express our concerns about legislative issues involving Israel and especially, women's health care. The year will end on December 10 with our annual Chanukah Party and Mitzvah Project for the Kentucky Children's Hospital. Look for more information coming your way soon. It seems impossible that another year has flown by and the new year of 5776 will start soon after this is published. I want to wish all of the members of the Lexington chapter of Hadassah, their friends and loved ones, a sweet and happy New Year!

L'Shana Tovah,
Melanie Shapiro

The Shalom Editorial Committee is seeking enthusiastic new members to join their team. The Editorial Committee convenes once per month to edit Shalom articles and have a short meeting. If you are interested in learning more or wish to volunteer, please contact Judy Wortman at (859) 268-0672 or jfb@jewishlexington.org



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OHAVAY ZION SYNAGOGUE NEWS

2048 Edgewater Court • Kathy Grossman, President • (859) 266-8050

WELCOME

Ohavay Zion Synagogue is a warm and welcoming congregation in Lexington, Kentucky. Through the framework of Conservative Judaism, we explore our Jewish identities and form a community. We celebrate our diversity and welcome newcomers. Please join us!

2nd ANNUAL OZS BLOOD DRIVE IN MEMORY OF HARRIET COOPER

Harriet Rudman Cooper, a long-standing member of the OZS Family, cared for and nurtured this family in both her “official” and “unofficial” capacities at OZS for many, many years. Through the course of her illness Harriet required multiple blood transfusions. It will be a great gift to the community to contribute blood in Harriet’s memory!

The Bloodmobile will be in the OZS Parking Lot on Sunday, September 27 from 9:00 a.m. to 1:00 p.m. We will schedule 2 appointments per 15 minute time slot. Please allow ~ 1 hour for screening and donating. Please indicate all blocks of time that you are available. Your specific time slot will be sent to you by 9/20. Refreshments will be provided for donors.

Reserve your spot now by emailing Sue Ezrine at Sue.ezrine@gmail.com

GENEALOGY PROJECT

Help us catalog the Jewish sections of the Lexington cemetery for use in JewishGen Online Worldwide Burial Registry - (JOWBR) an affiliate of the Museum of Jewish Heritage. This information will help people in searching for their ancestors. Contact the office at 859-266-8050 or email office@ozs.org for more details or to sign up to participate.

BACKPACKING FOR GOD’S PANTRY

Join us each month during the school year as backpacks are filled with food that children take home on weekends from Mary Todd Elementary School. All of the food is child-friendly, nonperishable, easily consumed and vitamin fortified. Check weekly announcements & Facebook for date & times.

KIDS’ SHABBAT

Please join us for this month’s Kids’ Shabbat service on Friday, September 18 at 5:30 p.m.

Kids’ Shabbat is our monthly Shabbat Service for younger children. We light candles, drink grape juice, eat pizza, sit together on beautiful carpets, sing songs, and read amazing stories from the PJ Library. Newcomers and friends are always welcome!

This year’s Kids’ Shabbat services will be held Fridays

at 5:30 p.m. at Ohavay Zion Synagogue on the following dates. Contact Dominique for more information.

October 16	February 19
November 20	March 18
December 18	April 15
January 15	May 20

STEWART HOME KABBALAT SHABBAT

Please join us for a brief but spirited Shabbat service on Friday, September 4 at 5:30 p.m. as our friends from Stewart Home come for a visit. For more information please call the OZS office at 266-8050 or email at Office@ozs.org. All are welcome!

SHABBAT MORNING SERVICES

Please join us any Saturday morning of the year, as Ohavay Zion Synagogue celebrates Shabbat. We begin at 9:30 a.m.; though please feel free to join at any time during the service. Our worship is filled with joyous song and fascinating Torah discussions. The service concludes around noon, and all are invited to schmooze over lunch after the service. This is a wonderful way to celebrate Shabbat and to meet some nice Jewish folks here in Lexington. Newcomers and friends are always welcome!

TUESDAY MINYAN

Tuesday Minyan is a special time at OZS. During this brief service, students and adults both pray and learn together. There is a warm atmosphere and something for everyone to enjoy. Please join us Tuesday afternoons from 5:45 p.m. to 6:15 p.m. All are welcome!

STUDYING THE PROPHETS

Please join us Wednesdays at noon as we explore the book of Jeremiah through the teachings of our Jewish tradition. We have a wonderfully diverse group of learners and terrific conversations. All are welcome!

TALMUD STUDY

The Talmud Study group meets each Wednesday (note change in weekday for Talmud study) morning for prayer, food, and study. The morning begins with a brief Shacharit service at 7:30 a.m., followed by a light breakfast, and then fascinating study of the Talmud. Newcomers are always welcome!

INTERESTED IN OZS?

Ohavay Zion Synagogue is a warm and welcoming Jewish community. If you are interested, or if you know someone who may be interested in learning more about OZS, please call the office at 859-266-8050 or email Rabbi Smolkin at Rabbi.Smolkin@gmail.com. We would love to hear from you!

TEMPLE ADATH ISRAEL

124 N. Ashland Ave • Pat Shraberg, President • (859) 269-2979

WHO WE ARE

Temple Adath Israel is a Reform Jewish congregation. We celebrate Torah, Justice, Tradition, and Faith. Our mission is to inspire Jews, to ensure a vibrant Jewish present and future by nurturing a multi-generational love for our tradition. Our “Community Center” approach to Judaism gives families a host of unique ways in which to love living relevant, soulful and experiential Jewish lives. Please call the Temple Administrator for more information if you are interested in affiliating with the Temple. The phone number is 269-2979.

KIDS’ SHABBAT

Our **Kids’ Shabbat** service is held on the last weekend of each month (during the school year) and is geared towards children 7 years old and younger and their families. **Our next Kids’ Shabbat is TBA.**

PJ LIBRARY READING TIME

TAI has dedicated space in our Youth Library and our Anita Mersack Outdoor Reading Garden for families to share in our growing collection of PJ Library Books, before, during, and after religious school. The collection is in our Youth Library and these books provide our young children with wonderful introductions to the magic of Jewish storytelling.

KOLLEL STUDY GROUP

Kollel meets at 9 AM every two weeks in the TAI Library. The group explores cultural, ethical, and its historical aspects of our 4000-year tradition. The emphasis is on dialogue and exploration. Please join us any time. **Our next sessions will be September 12th & 26th.**

TALMUD STUDY

We are studying the Pirke Avot, a section of the Talmud on alternate Saturdays at 9 AM in the library. The discussion is always lively and informative and you can join the group anytime. **We will meet on September 5th & 19th.**

PARSHA

Join us each Saturday morning at 11 AM in the library as we take a look at the Torah portion for each week. Various Temple members will lead discussions and everyone will take turns. **We will meet on September 5th, 12th, 19th, and 26th.**

SISTERHOOD NEWS

Why YOU should be a Sisterhood member!

You enjoy being with other Jewish women, doing Jewish things. Sisterhood offers a variety of social

and educational events, from speakers to cultural programs to spiritual experiences. Most importantly, we have lots of fun!

You are interested in issues that affect women.

Sisterhood offers dynamic programs on contemporary issues and the opportunity to join together with over 75,000 Reform Jewish women in taking a stand on issues that affect us as women while one woman can do amazing things; imagine what thousands of women can accomplish.

You want a discount on Jewish items. Our Judaica Shop gives Sisterhood members a 10 percent discount. That’s awesome! There are countless reasons to be a Sisterhood member. Whether you’re interested in social justice, prayer and ritual, programming to strengthen Jewish identity, or just to have fun, Sisterhood is for you. For membership information, please contact Laura Creamer at 269-2979 or lcreamer1@hotmail.com.

GENERATION TAI FOR SEPTEMBER

Generation TAI is our Chavurah group for young adults. Programming runs the spectrum from worship to social action and from Shabbat to holiday meals. This month we will be having a few events:

- September 4 (Friday): Post Shabbat Dinner (Theme will be Tapas and Appetizers)
- September 12 (Saturday): Apple Picking (Details TBD)
- September 22 (Tuesday): Pre-Yom Kippur Dinner (Location TBD)

Please contact Reva Schottenstein at rschott86@hotmail.com or call her at 859-221-9473 to reserve your seat.

UK Jewish Studies Program

Please join us September 29 at 7:00 p.m. at the Boone Center (the intersection of Columbia and Rose, enter free parking from Columbia Ave)

Gary Zola

Executor Director of The Jacob Rader Marcus Center of the American Jewish Archives in Cincinnati and the Edward M. Ackerman Family Distinguished Professor of the American Jewish Experience and Reform Jewish History will present “Profiles in Kentucky Jewish Courage” Reception to follow!

--- AROUND THE COMMUNITY ---

Please note: Information for Around the Community comes to us from a variety of individuals and Jewish institutions. It's a pretty haphazard arrangement; except for b'nai mitzvah, we do not have the resources or staff to collect information or research each item. If you would like to see an event or life passage in your family acknowledged here, please be sure we get the full and correct information as you would like to see it printed. Send notices to shalom@jewishlexington.org. Remember, we welcome photos too!

Mazal Tov to:

- Rabbi Sharon Cohen, Jeffrey Siegel, and big brother Jonah, on the birth of Joshua Eli.
- Talia and Rabbi Moshe Smolkin, and big sister Ashira on the birth of Lev Shmuel.
- Linda and Leon Ravvin on the birth of their grandchild Abram Phillip. Abram is the son of Heather and Kirt McKee and baby brother of Myer and Eve.
- Susan and Austin Cantor on the birth of their grandson, Reed Harrison Cantor. Parents are David and Emily Cantor.
- Alex and Mara Shapiro on their marriage on July 18, 2015. Alex's parents are Melanie and Steve Shapiro.
- Susan and Jack Miller on the birth of their granddaughter, Ivy Caris Miller, born on May 5, 2015. Parents are Adam and Carrie Miller and big brother Leo. The family lives in Brooklyn, NY.
- Bob and Jo Belin on the birth of their eighth grandchild Colton Levi Salzinger. He is the son of Ruth Belin and Mark Sazinger and brother of Max and Jacob of Carmel, Indiana. Cousins are Sarah and Ben Belin, and aunt and uncle are Bruce and Rachel Belin of Lexington.
- Jonathan Yokelson, on making Aliyah. He is a member of the Garin Tzabar, a program of the Scouts and the IDF to prepare and support lone soldiers in the IDF. Jonathan is the grandson of Kaye Frankel. Proud parents are Sharon Frankel Yokelson and Kenneth Yokelson of Atlanta, GA.

Condolences to:

- Lisa Ashner Adkins, David Adkins, and daughter Nell, on the passing of Lisa's father, Louis Ashner.
- The family of Vicki Doukas on her passing on August 5.

ATTENTION PROUD GRAND-PARENTS, PARENTS, & STUDENTS. We want to publish any original writing produced by our community's elementary- and high-school-age children. If you're proud of something written by one of our kids, either fiction or non-fiction, please email it to shalom@jewishlexington.org

Make a Donation to JFB in Someone's Honor or Memory

Make a donation to the Jewish Federation in honor or memory of someone, or in celebration of a special occasion, and help JFB nurture the values of tikkun olam (repairing the world), tzedakah (charity and social justice) and Torah (Jewish learning) within our Jewish community at home and abroad.

Send us your special contributions with a note specifying its intent. Also, let us know if you would like your contribution published in this box in Shalom. You may also make your special contribution online.

Celebrate your loved ones and support our Jewish community by giving a special contribution. Thank you for your support.

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HIGH HOLIDAY SCHEDULES AROUND THE COMMUNITY

THE LEXINGTON HAVURAH (Conservative)

Rosh Hashanah Services will be held

Monday, September 14, 2015

Tuesday, September 15, 2015

at 9:45 a.m. at the home of a member

We will conclude each day's service with kiddush, motzi, apples and honey.

Tashlich will be immediately after services on Monday afternoon, September 14, followed by a pot luck lunch.

Yom Kippur

Tuesday night September 22, 2015

Kol Nidre will begin at 7:00 p.m.

Wednesday, September 23

Morning services will begin at 9:45 a.m.

Mincha and Neilah will begin at 6:30 p.m.

followed by the Havurah's world famous pot luck break-the-fast.

All Yom Kippur services will be held at Firebrook Clubhouse; entrance is off Firebrook Boulevard opposite Clubside Court.

Please call Gail Cohen 272-1459 for more information about location and potluck details.

OHAVAY ZION SYNAGOGUE (Conservative)

Please join us for all our holiday celebrations. All are welcome! Call if you have any questions: (859) 266-8050.

Rosh Hashanah

First Evening: Sunday, September 13 at 6:00 p.m.

First Day: Monday, September 14 at 9:15 a.m.

Second Evening: Monday, September 14 at 6:00 p.m.

Second Day: Tuesday, September 15 at 9:15 a.m.

Cemetery Service Honoring Loved Ones: Sunday, September 20 at 1:00 p.m.

Yom Kippur

Evening: Tues., September 22, promptly at 7:00 p.m.

Morning: Wed., Sept. 23 at 9:15 a.m. with Yizkor

Sukkot First Day: Mon., September 28 at 9:30 a.m.

Picnic in the Sukkah: Tues., Sept. 29 at 5:30 p.m.

Shemini Atzeret Morning: Monday, October 5, 9:30 a.m. with Yizkor

Simchat Torah Evening: Thurs., Oct. 6 at 5:30 p.m.

TEMPLE ADATH ISRAEL (Reform)

Rosh Hashanah

Sunday, September 13 at 7:00 p.m. - Erev Rosh Hashanah, followed by Oneg. Childcare offered.

Monday, September 14

8:30 a.m. - Family Service & children's program.

11:00 a.m. - Late Service. Childcare offered.

5:30 p.m. - Tashlich at Jacobson Park & picnic on your own.

Tuesday, September 15 at 10:30 a.m. - 2nd Day Rosh Hashanah program.

Sunday, September 20 at 1:00 p.m. - Cemetery Memorial Service, Lexington Cemetery.

Yom Kippur

Tuesday, September 22

7:00 p.m. - Kol Nidre early service. Childcare offered.

9:00 p.m. - Kol Nidre late service.

Wednesday, September 23

8:30 a.m. - Family service & children's program.

11:00 a.m. - Late service. Childcare offered.

1:15 p.m. - Study Session. .

3:00 p.m. - Afternoon Service. Childcare offered.

4:45 p.m. - Yikzor Service. Childcare offered.

5:30 p.m. - Ne'ilah. Childcare offered.

Following services - Break-the-fast.

Sunday, September 27 at 6:00 p.m. - Erev Sukkot: Sukkah decoration, pizza, brief service.

Friday, October 2 at 7:00 p.m. - Erev Shabbat, Consecration.

Sunday, October 4 at 5:00 p.m. - Yizkor. A light pasta dinner at 6:15 p.m. followed by a Simchat Torah service at 7:00 p.m.

Contact the office at laura@lextai.org or (859) 269-2979.

CHABAD OF THE BLUEGRASS/UK

Saturday, September 12 at 9 p.m.

Please join us at Chabad for a Havdalah ceremony and meditation to prepare for the new year. Bonfire with roasted marshmallows and singing through the night!

Sukkot program will be advertised online. Visit their Facebook group for more information.

Contact Rabbi Shlomo Litvin at chabadofthebluegrass@gmail.com for additional information.

The editorial staff has the right to edit, accept or reject all articles submitted for publication in Shalom. Articles should not exceed 500 words. The appearance of any advertising

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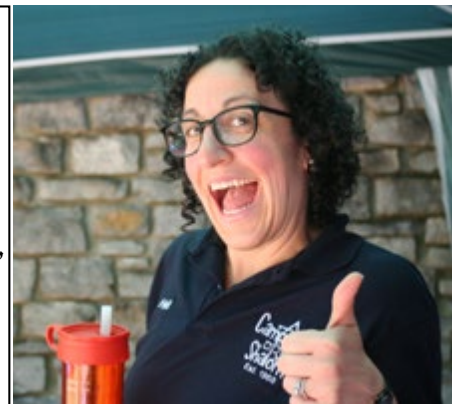
To join the Federation email list contact tamara@jewishlexington.org or visit jewishlexington.org.



Lunch and Learn with our
Lexington community rabbis

October 27 with Rabbi Sharon Cohen
(There will not be a class in September.)

At 12 noon on the last Tuesday of each month, in the JFB office, rabbis, on a rotating basis, will be discussing the holidays, the Torah portion of the week, and other topics of interest. A dairy lunch is offered at a nominal charge. If you are interested in attending, please call Judy Wortman at 859-268-0672 so we can order lunch for you.



Find more photos from
Camp Shalom Summer
2015 online! [Click here >>](#)