



# HBG JCC Small Group Training

Share the cost of a Personal Trainer with a friend or two. This unique approach combines the individual attention of a one-on-one session with the energy of a group to help you reach your goals faster!

Affordable and fun, small group personal training minimizes the cost yet maximizes personal attention to form, technique and alignment.



<b># of People</b>	<b>Cost Per Member for 30 min session</b>	<b>Cost Per Non-Member for 30 min session</b>
2 Person	\$20	\$23
3 person	\$18	\$20
4 person	\$15	\$18

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