

November & December 2016



Shaw JCC
Akron

(330) 867-7850
shawjcc.org

Early Childhood
Enrichment

Youth Fitness &
Basketball

Before & After
School Care

School's Out

Aquatics

Yoga & Pilates

Men's Basketball
& Table Tennis
Leagues

Upcoming Events

Adults &
Jewish Life

families
supporting
families



Every day you can help
change someone's life

Give to Families Supporting Families at shawjcc.org/give



Shaw JCC
Akron



Every day you can
help change someone's life.

If it wasn't for you, 20% of our members would not have afforded the services they enjoyed at the J this year. Your generous support through **Families Supporting Families** provided more than \$112,000 in scholarships to the 187 children, families and seniors who needed them most. Every day you can help change someone's life. Please give today.

To make a tax deductible donation:

-  Make a secure donation at shawjcc.org/give
-  Call 330-835-0025 to set up monthly payments
-  Stop by the Shaw JCC's front desk

**families
supporting
families**



Early Childhood Enrichment

Call 330-867-7850 to register! *minimum of 5 children necessary for classes to occur* M=member / G=guest

Time to Tumble (ages 2½–5)

Mondays **Nov. 14–Dec. 19**
1-1:45 p.m. **401.009**

This beginner tumbling class will introduce your child to the basics of gymnastics. He/she will develop coordination using the uneven low bar, balance beams, vaulting mats, and other equipment.

Cost: \$45 M/\$60 G

Kids in the Kitchen (ages 2½–5)

Wednesdays **Nov. 2-30***
1-1:45 p.m. **401.011**

Children will enjoy a variety of cooking and baking experiences using an electric skillet, waffle maker, griddle, blender and some unconventional methods as well. Children will be sent home with the recipe for each creation as well as a tasty sample to share.

Cost: \$40 M/\$45 G

*No class Nov. 23

Story with Ms. Kim (ages 2½–5)

Tuesdays **Nov. 1-29***
1-1:45 p.m. **401.012**

Each week children will enjoy a new story with Ms. Kim along with coordinating activities and light snack.

Cost: \$40 M/\$45 G

*No class Nov. 22

Winter Workout (ages 3–5)

Fridays **Nov. 11–Dec. 16**
1-1:45 p.m. **401.007**

Children will enjoy learning skills for basketball, hockey and volleyball. Two weeks of each sport will be introduced plus some game time play,

Cost: \$45 M/\$60 G

Messy Night is back!

Tuesday, Nov. 1
6-6:30 p.m. Dinner | 6:30-7:30 p.m. Mess Making

Children and parents are invited to join us for a family-style dinner and then head to 12 or more classrooms of maniacal, messy, magical fun! Cost: Shaw JCC Members: \$25/family & Guests: \$35/family. Call 330-835-0044 or register online at shawjcc.org/messy-night.



The Mandel Early Childhood Education Center and The Lippman School are partnering to present

SECOND ANNUAL
WINTER BASH



SAVE THE DATE: **Saturday, Jan. 21 • 7:30–10 p.m.**



Event highlights include live entertainment with professional magician Drew Murray, strolling dinner, dessert and coffee bar, wine wall, teacher outings, student art projects, chance auction, silent auction and a Giving Tree. Proceeds will benefit the Mandel ECE and The Lippman School.

Youth (K-12) Basketball & Fitness

Fit through Fun (grades K-3)

Tuesdays **Nov. 1-Dec. 20**
5-6 p.m. **602.301**

Fit through Fun is a games-based approach to introduce children in grades K-3 to fitness! Each week, we will work on specific exercises that will help children develop coordination, muscle development, agility and balance. Mention code 602.301 when you call 330-867-7850 to register. Or stop by the fitness desk. Visit shawjcc.org/youth-fitness for more information.

Cost: \$65 M/\$85 G

Athletic Performance Training (grades 4-12)

Tuesdays **Nov. 1-Dec. 20**
6-7:30 p.m. **602.302**

This program develops athlete's speed, strength and agility to help enhance their performance on and off the field or court. Mention code 602.302 when you call 330-867-7850 to register or stop by the fitness desk. Visit shawjcc.org/youth-fitness for more information.

Cost: \$65 M/\$85 G



Black Friday Basketball Clinic (grades 2-8)

Friday, Nov. 25 **9 a.m.-noon**

The day following Thanksgiving is a good day to get in a basketball workout! Hosted by the National Basketball Academy, this Black Friday clinic will focus on two skill areas – ball handling and shooting. Players will run through different drills and contests focused on the skill areas to make the program fun while helping players improve. So, this Black Friday, leave the shopping and the crowds to others and spend the day with us! Boys & girls, grades 2-8. **Register online at tnbabasketball.com/tnbaohio.**

Cost: \$25 M/\$35 G

Holiday Basketball Clinic (All ages)

Dec. 21-23 **10 a.m.-1 p.m.**

Our Holiday Basketball Clinic is an excellent way for boys and girls of all ages to keep their basketball game sharp or prepare for their upcoming season, while having a blast at the same time! Participants will learn a variety of drills to make themselves a more complete basketball player. We will have station work - ball handling, shooting, passing and defensive systems. We will also have plenty of game situations and contests for our participants. Join us this holiday season and take your game to the next level! Boys & girls. **Register online at tnbabasketball.com/tnbaohio.**

Cost: \$60 M/\$80 G



KidSpace: School Age Child Care



Openings currently available for students at The Lippman School, King and Arrowhead Elementary Schools.

Before School Care 7-8:30 a.m.

After school Care 2:30-6 p.m.

Register at shawjcc.org/kidspace

If your family's day starts early, your child can begin their morning with a tasty kosher breakfast and fun activities before they head off to school. In the afternoon, Shaw JCC transportation will bring your child to the Shaw JCC for a well-balanced and safe afternoon of recreational, social, cultural and educational activities. We aim for every child to have a meaningful experience while they are here, and our supportive and well-trained staff strives to meet the individualized needs of all children.

For more information about KidSpace or to schedule a visit, please call Diane Galizio at 330-835-0035 or email diane_galizio@shawjcc.org.



School's Out

(Grades K-8)



Is your child's school closed for in-service, holidays or bad weather? The J has the perfect solution for you! Come join our School's Out or Snow Day program. Your child's day will be filled with fun activities at the gym, pool and outdoors (weather permitting). The program runs 7 a.m.-6 p.m., and you will need to bring a vegetarian lunch, swimsuit and towel for your child. Advanced registration and payment is required for School's Out days.

Akron Public Schools	Nov. 2 & 8, Dec. 22-Jan. 3
Copley District	Nov. 23, Dec. 23-Jan. 3
Revere District	Nov. 23 & 29, Dec. 22-Jan. 3
The Lippman School	Dec. 22-30

Cost: \$40 M & Resnik/\$50 G per day

Please note: There will be no School's Out programming Dec. 26 & Jan. 2.



Call 330-867-7850 to register or sign up at the fitness desk.



Aquatics

Baby & Me

(ages <3) - American Red Cross

Learn how to handle your future swimmer and introduce your child to water fun. Learn how to hold your child, develop basic swimming skills, sing songs and implement water play to help build a positive parent-child relationship. We will work on kicking, floating, blowing bubbles, arm strokes and water safety.

Cost: \$30 M/\$50 G

Oct. 25-Nov. 17
Tuesdays & Thursdays
6:05-6:35 p.m.
603.556

Nov. 28-Dec. 21
Mondays & Wednesdays
6:05-6:35 p.m.
603.557

Preschool (ages 3+) - American Red Cross

(Formerly Aqua Toddlers) Build your toddler's confidence in the water through safe exploration. Children must be at least 3 years old. We will introduce your child to being comfortable in the water for the first time in a group setting without mom and dad. They will learn basic swimming skills, blowing bubbles, kicking, floating on front and back while assisted and most importantly having fun!

Cost: \$35 M/\$55 G

Tuesdays & Thursdays	Oct. 25-Nov. 17	4:40-5:10 p.m.	603.018
Tuesdays & Thursdays	Oct. 25-Nov. 17	6:05-6:35 p.m.	603.019
Mondays & Wednesdays	Nov. 28-Dec. 21	4:40-5:10 p.m.	603.020
Mondays & Wednesdays	Nov. 28-Dec. 21	6:05-6:35 p.m.	603.021

Level 1 (ages 5+) - American Red Cross

Your child will learn the foundation for basic swimming skills, become comfortable in water, learn how to front crawl while assisted and how to kick and float on his/her own.

Cost: \$40 M/\$60 G

Tuesdays & Thursdays	Oct. 25-Nov. 17	4:25-5:10 p.m.	603.117
Tuesdays & Thursdays	Oct. 25-Nov. 17	6:40-7:25 p.m.	603.118
Mondays & Wednesdays	Nov. 28-Dec. 21	4:25-5:10 p.m.	603.119
Mondays & Wednesdays	Nov. 28-Dec. 21	6:40-7:25 p.m.	603.120

Level 2 (ages 5+) - American Red Cross

Expanding on their basic skills, your child will learn to paddle with their face in the water, float unassisted and tread water.

Cost: \$40 M/\$60 G

Tuesdays & Thursdays	Oct. 25-Nov. 17	5:15-6 p.m.	603.226
Tuesdays & Thursdays	Oct. 25-Nov. 17	6:40-7:25 p.m.	603.227
Mondays & Wednesdays	Nov. 28-Dec. 21	5:15-6 p.m.	603.228
Mondays & Wednesdays	Nov. 28-Dec. 21	6:40-7:25 p.m.	603.229

Level 3 (ages 5+) - American Red Cross

Building on the foundation learned in previous levels, your child will develop the skills to do the elementary backstroke, front and back crawl and the butterfly kick.

Cost: \$40 M/\$60 G

Tuesdays & Thursdays	Oct. 25-Nov. 17	5:15-6 p.m.	603.336
Mondays & Wednesdays	Nov. 28-Dec. 21	5:15-6 p.m.	603.337

Level 4 (ages 5+)- American Red Cross

Your child will learn to refine their breaststroke, alternate breathing and sidestroke in addition to new skills.

Cost: \$40 M/\$60 G

Tuesdays & Thursdays	Oct. 25-Nov. 17	7:30-8:15 p.m.	603.444
Mondays & Wednesdays	Nov. 28-Dec. 21	7:30-8:15 p.m.	603.445

Adult Swim Lessons (ages 14+)

Cost: \$40 M/\$60 G

Tuesdays & Thursdays	Oct. 25-Nov. 17	7:30-8:15 p.m.	603.993
Mondays & Wednesdays	Nov. 28-Dec. 21	7:30-8:15 p.m.	603.994



Private & Semi-Private Swim Lessons

To schedule private lessons at your convenience, email Diane_Weaver@shawjcc.org with your phone number and other basic information. Swimmers do not have to be at the same ability level for semi-private lessons.

Private Lessons

(30 minute lessons for 1 participant - price is per participant)

5 lessons	\$85 M/\$125 G
10 lessons	\$160 M/\$240 G

Semi-Private Lessons

(30 minute lessons for 2 or more participants - price is per participant)

5 lessons	\$50 M/\$75 G
10 lessons	\$90 M/\$140 G

Stingrays Swim Team (ages 4+)

Mondays & Wednesdays 5-6:30 p.m., Tuesdays & Thursdays 6:30-8 p.m. & Fridays 4-5:30 p.m.

Oct. 10-March 11

Cost: \$180 M (\$155 per additional child) & \$230 G (\$205 per additional child)

Recreation & Wellness

FREE

Mind & Body Group Exercise Classes

Reduce the day-to-day stress in your life, and join us for Pilates & yoga. Refer to **shawjcc.org** or visit the fitness desk for a full listing of group exercise classes and an up-to-date schedule! Babysitting services are available. Call 330-835-0033 for more information.

Men's Basketball League

Dec. 4-March 5
Sundays, 8:30-11:30 a.m.
Ages 18+. Call 330-867-7850 to register! **Cost: \$100 M/\$135 G.**

Table Tennis League

Nov. 17-Jan. 12
Thursdays, 6-9 p.m.
Call Samson Dubina, 330-949-9230 or visit www.SamsonDubina.com to register. **Cost: \$15/night individual, \$30 night/family. Members pay only \$12/night!**

Beginner Pilates

Basic instruction of the Pilates method and core strengthening. Benefits include increased muscular definition, improved body awareness and coordination. (Beginner & All Levels)

Advanced Pilates

Strengthen your “powerhouse” core muscles while increasing flexibility and postural alignment awareness. Pilates Versa Tubes and Pilates Rings will be featured to provide targeted resistance for abdominal and back muscles. Improve strength, postural alignment, balance and coordination. (Intermediate & Above)

Pilates & Yoga Fusion

Experience the perfect blend of core strengthening Pilates exercise and traditional yoga exercises. Muscular conditioning for abdominals, back and glutes, combined with stress-relieving yoga exercises that focus on body, breath and mind make this class an invigorating workout. (All Levels)

All Levels Yoga

Blend the powerful fluid movements of our traditional power yoga class with a variation of all poses to allow all ability levels to work together. (All Levels)

Get Happy Invigorating Yoga

Combine a series of energizing poses that will boost your energy and get you ready to tackle the week! This class is designed for all levels and can be modified to suit your current yoga needs. (All Levels)

Good Night Yoga

Calm your mind, relieve tension and achieve a good night’s sleep with a series of simple poses for following the natural world as it comes to rest at the end of the day. Poses may be modified for all levels. (All Levels)

Power Yoga

Experience this fitness-based approach to vinyasa-style yoga. Students will move fluidly from one pose to the next while connecting their breathing to their movements. (All Levels)

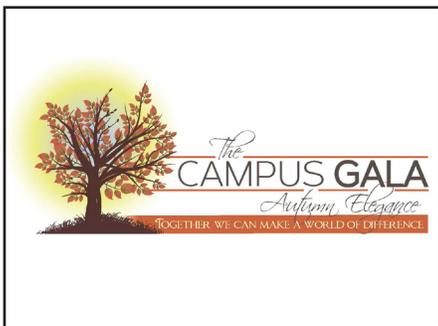
Yoga

Are you new to yoga? Basic yoga poses, techniques and breathing are the focus of this beginner class. (All Levels)

Yoga Motion

Improve your mental well-being as well as your physical condition. This class focuses on combining poses in a flowing sequence along with breathing techniques to challenge your body. (All Levels)

Upcoming Events



Saturday, Nov. 5 • 5:30-10 p.m.

Autumn Elegance Campus Gala

Join us in celebrating the accomplishments of several outstanding leaders at the Autumn Elegance Campus Gala including Mark and Lyn Bober, Rabbi David M. Horowitz and Lila Marks. The funds raised at this event directly benefit the Shaw JCC, The Lippman School and Jewish Family Service. Tickets are \$150. Visit our website at jewishakron.org/campus-gala for more information!



Thursday, Nov. 10 • 5:30-8:30 p.m.

All Community Game Night & Dinner

We invite anyone and everyone over the age of 18 to join us for a night of fun and games! A light dinner and dessert will be served. Please bring your favorite game to share and some will be provided! To RSVP or if you have any questions, please call Rachel Williams at 330-835-0027. Cost: \$5.



Saturday, Nov. 12 • 7:30 p.m.

Havdalah Concert featuring the MACCABEATS

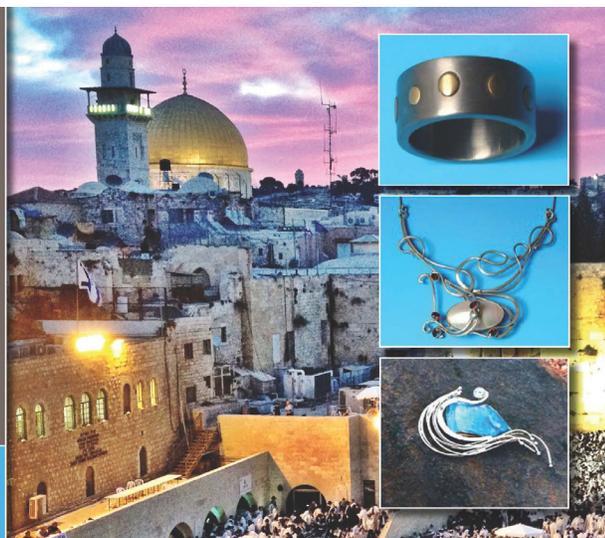
Using nothing more than the human voice, a musical presentation and a little Jewish humor, this a cappella group connects with fans of all ages. The MACCABEATS perform an eclectic array of Jewish, American and Israeli songs. Tickets are \$5 per person, \$10 max family by Nov. 1 and \$10 per person, \$20 max family after Nov. 1. Buy tickets online at shawjcc.org/maccabeats. Sponsored by The Lippman Kanfer Family Foundation, Anshe Sfard, Beth El and Temple Israel.

Celebrate Hanukkah with the Bar Kochva Israeli

Nov. 28-Dec. 1 | 10 a.m.-8 p.m.

ART EXPO

Join us for this exciting show in the Shaw JCC lobby featuring the work of 45 Israeli artists and more than 2,000 pieces of handcrafted fine art, Judaica, ceramics, wood, sculpture, glass and jewelry! Proceeds from the sale of the artwork will benefit the artists.





Adults & Jewish Life

Tour of Maltz Museum of Jewish Heritage

Friday, Nov. 4 • 9:30 a.m.-1 p.m.

Please join us as we take a trip to the Maltz Museum of Jewish Heritage. We will be led on a specific tour of their permanent collection *Stop the Hate*. Bus leaves the Shaw JCC at 9:30 a.m. and returns at 1 p.m. Call 330-867-7850 to register! Questions? Call Rachel Williams at 330-835-0027 or email rwilliams@jewishakron.org. **Cost: \$22.50 M/\$32.50 G.**

Shlichim Program: *Above & Beyond Film and Discussion with Ronald Lederman, JCRC Director*

Monday, Nov. 7 • 6:30-8:30 p.m.

In 1948, a group of Jewish American pilots secretly— and at great personal risk— smuggled planes out of the U.S., trained behind the Iron Curtain and flew for Israel in its War of Independence. The 90-minute film will be followed by a brief discussion. Please RSVP to Shay at shlichim@jewishakron.org. **Open and FREE to the public.**

Shlichim Program: *Israel Bonds with Michael Holub*

Tuesday, Nov. 22 • 6:30-8:30 p.m.

Learn about Israel Bonds, its history, what it does for Israel, and how you can take part in the country's growth and development by being an investor. Learn about this great program that makes a significant impact on Israel and all her citizens. After a brief presentation, there will be time for questions and answers. **Open and FREE to the public.**

Shlichim Program: *One Nation, Many Faces with Laura Ben-David, Director of Marketing & New Media, Shavei Israel*

Monday, Dec. 5 • 6:30-8:30 p.m.

This exciting multimedia presentation, *One Nation, Many Faces— Jewish Demography and Destiny*, is inspired by Shavei Israel's work with "lost" and "hidden" Jewish communities in some of the most far-flung spots on the globe from the Bnei Anousim ("Marranos") in Spain, Portugal and South America to the Bnei Menashe tribe in India. **Open and FREE to the public.**

Shlichim Program: *Northern Cheyenne & Judaism – A Common Destiny*

Tuesday, Dec. 20 • 6:30-8:30 p.m.

This presentation will compare the similarities between these two amazing cultures and faith combined with photos from the trip to Montana with The Lippmann School students last May. **Open and FREE to the public.**

Bridge

Mondays **Ongoing** **11 a.m.–2 p.m.** **No RSVP needed - \$1 donation suggested**

No matter what level of play, join us for Bridge. No instruction is provided. Open to all.

Retired Men's Group

Tuesdays **2nd & 4th Tues.** **9:30–11:30 a.m.** **No RSVP needed - \$1 donation suggested**

Join the Men's Group for open discussion on the 2nd and 4th Tuesdays of the month. Open to all.

Mah Jongg

Thursdays **Ongoing** **1–4 p.m.** **No RSVP needed - FREE**

Join us for Mah Jongg. Young and old alike are enjoying the comeback of Mah Jongg. Whether you know how to play, or want to learn, there will be an opportunity! Open to all.

Lunch Bunch

Tuesday **2nd Tuesdays** **11:30 a.m.** **RSVP to Rachel at least one day in advance***

Once a month join us as we eat at different locally owned, Akron-area restaurants.

Nov. 8 **Niko's Sandwich Board.** RSVP by Nov. 7*

Be'Tay Avon Café

Tuesday **3rd Tuesdays** **11:30 a.m.** **RSVP* - Pay as you can**

Join the fun, fellowship, conversation and FOOD at the once-a-month Old-Style Jewish Deli. Who knows? You might just learn something! Light lunch served. Pay as you feel, but donations are encouraged.

Nov. 15 **Rachel Kabb-Effron**, an Elder Law specialist from Cleveland. She is experienced in Medicaid/Medicare planning, Social Security, Veteran Benefits, Guardianship and more! Bring your questions!

Dec. 20 **Bill Brauning** will be back with an event all about the life and times of Dean Martin! This will be entertaining as always!

Movie at the J

Wednesday **3rd Wednesdays** **12:30 p.m.** **Free & Open to community**

Enjoy a current, first run movie in the quiet of the Shaw JCC, plus free popcorn! Closed captions provided.

Nov. 16 **Requiem for the American Dream:** A documentary, in which Noam Chomsky, one of America's most respected and influential social theorists, offers sobering insights on the nation's extreme economic inequalities

Dec. 21 **Wild Oats:** Eva (Shirley MacLaine), a widow and retired history teacher, enjoys a quiet life. Everything changes when she receives a windfall of money.

Restaurant Review

Thursday **4th Thursdays** **5:30 p.m.** **RSVP to Rachel at least one day in advance***

It's dinner time! Enjoy food and conversation.

Nov. 24 Thanksgiving! We will regroup in January.

*Please RSVP to Rachel, phone: 330-835-0027 or email: rwilliams@jewishakron.org



Shaw JCC Akron

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Dawn Nabors
Steve Newman
Lauren Osina

Sam Pupino
Rob Trattner
Ted Walter

Lifetime Member
Gloria Reich

Center Hours

Facility Hours

Monday–Thursday 5 a.m.–9 p.m.
Friday 5 a.m.–6 p.m.
Saturday & Sunday 7 a.m.–6 p.m.

Business Hours

Monday–Thursday 8 a.m.–7:30 p.m.
Friday 8 a.m.–6 p.m.

NEW! Babysitting Hours - Call 330-835-0033

Mondays 8 -11:30 a.m. & 4:30 -7:30 p.m.
Tuesdays 8 a.m.-12:15 p.m. & 5-7:30 p.m.
Wednesdays 8 -11:30 a.m. & 4:30 -7:30 p.m.
Thursdays 8-11:30 a.m. & 5-7:30 p.m.
Fridays 8 a.m.-12:15 p.m.
Sundays 8 a.m.-12:30 p.m.

Holiday Hours

Thanksgiving, Nov. 24-25

Facility open 8 a.m.- 1 p.m.

Christmas Eve & Erev Chanukah, Dec. 24

Facility closes at 4 p.m.

Christmas & Chanukah, Dec. 25-26

Facility open 8 a.m.-1 p.m.

New Year's Eve, Dec. 31

Facility closes at 4 p.m.

New Year's Day, Jan. 1

Facility open 8 a.m.-1 p.m.

Contact Us



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Text @shawjcc to 81010 for the latest updates!