

OUR COMMUNITY NEWS

Jewish Federation of St. Joseph Valley, Inc. 3202 Shalom Way, South Bend, IN 46615



Volume 6, Number 3

November 2011 / Cheshvan 5772

Irish Hockey in the new arena!

SOLD OUT!
November 15 is ND
Hockey Night!



The 2012 Men's Division of the Federation Annual Campaign is sponsoring a Notre Dame Hockey Night to celebrate the success of its efforts and to give community members a chance to have a fun evening out together. Get a tour of the new stadium before the game at 6:15 PM. Join us for the game at 7:05 PM as we cheer on the Irish Hockey team to victory over Western Michigan.

Admission includes ticket to the Hockey game, chances to win prizes through the "group sweepstakes" prize drawing, participation in the between period promotions including a Zamboni ride, shuffle puck on ice promotion, and Slap Shot promotion with a chance to win round trip air fare from Allegiant Air.

Your attendance at this event signifies your intent to make a donation to the 2012 Jewish Federation Annual Campaign.

We sold more than 65 tickets! Season ticket holders please make sure to join us for the tour and raffle.

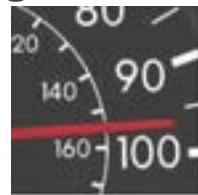
2012 Annual Campaign half way to goal

Campaign Co-chairs Ron Cohen and Linda Mintz are thrilled with the response from our community to make the 2012 campaign season short and sweet. In our first month, we have already raised \$315,000 toward our goal of \$600,000.

The 2012 Campaign Cabinet is hoping to touch base with all our major donors by the end of November. Then on Sunday, December 4, we will

hold our closing event of the campaign season— not just Super Sunday, but Tzedakah Sunday— a day designated to contact everyone who has not yet made a pledge to the 2012 Annual Campaign.

You may use the pledge card form on Page 14 to make your pledge.



Kristallnacht event features study on Arab rescuers



Did any Arabs save Jews during the Holocaust? That's the question Dr. Robert Satloff had in mind when he set out to discover the lost, true stories of survival, courage and betrayal in Arab lands

during World War II. On Sunday, November 13 at 3:00 PM., Dr. Satloff will discuss his book *Among the Righteous: Lost Stories from the Holocaust in Arab Lands* as the keynote speaker at Temple Beth-El's annual Kristallnacht commemoration. Reservations are requested to assure space. Please call Temple Beth-El at 574-234-4402.

The history of the Holocaust in Europe is well-documented, but the history of what happened to the Jewish people of North Africa has been mostly forgotten, even in the very

towns and cities where it occurred. The truth is remarkable: not only did Jews in Arab lands suffer many of same elements of persecution as Jews in Europe — arrests, deportations, confiscations and forced labor -- but there were also hopeful stories of "righteous" Arabs reaching out to protect them.

The Kristallnacht commemoration will be preceded by a special program on our local PBS affiliate, WNIT, on Thursday night, November 3. At 8PM WNIT will rebroadcast the special documentary program based on Dr. Satloff's book. This will be followed by a special live town hall meeting to discuss the documentary with members of both the Muslim and Jewish communities.

Both Dr. Satloff's presentation at

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**Jewish Federation
of St. Joseph Valley**

3202 Shalom Way
South Bend, IN 46615
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Our Community News is published monthly by the Jewish Federation of St. Joseph Valley for the Jewish community in Michiana.

Chai Lights Around and About the Community

WELCOME!

It was a rainy, damp evening, but close to 100 people came out for our annual Sukkot Welcome Dinner prepared by chef **Brian Zubkoff**. The Sukkot Dinner was a wonderful opportunity to meet and greet new and returning community members.



Joe and Ruth Markley

Among the newcomers were **Joe and Ruth Markley**, parents of **Sandy Levine**; **Zachariah Silver**, brother of **Yoel Lieb Silver**; **Marjorie Willner**, and **Richard Schian**, who works at Enterprise Rent-A-Car. Coming from Israel and studying at the University of Notre Dame are **Amir and Nitzan Paster** with their children **Noa**, 3 and **Ido** 1½, and from South Africa, **Yael and Ty Goldschmidt** and their 4 month-old daughter, **Hannah**.

The new owner of **New York Boys Pizzeria**, **Nachi Elbaum**, joined us briefly to drop off delicious pizzas before rushing back to the hospital to be with his wife **Shani** and their newborn son, **Mazel Tov**!

Back in town after many years away is **Shari Glaser**.



Debby Grant welcomes new families to the Federation at the annual Sukkot Welcome Dinner.

Renowned jazz saxophonist **Danny Lerman**, son of **Barbara and David Lerman**, now back in town after a year in Israel, introduced his wife **Elisheva** and son, **Pri'el**.



Kayla, Megan & Dan New.

Also back home is **Dan New**, along with his wife **Megan** and 1½ year-old daughter, **Kayla**. **Dan** is the son of **Jeff and Ilene New** and is working at

MidCity Supply. **Megan** is a Deputy Prosecuting Attorney for St. Joseph County.

The Jewish Federation is so excited to welcome these and so many other new families and individuals to our Jewish community!

A few words of congratulations to **Rabbi Dovid and Rochel Goldberg** on the birth of a grandson born to **Tovy & Yehuda Roberts** and **Mazel Tov** to **Rabbi Yonah & Dena Gewirtz** on the upcoming wedding of their son, **Ezra**.

And finally, we have been saddened by the deaths of so many of our long-time community members. Our sincere condolences to the many families who lost loved ones in recent weeks. May their memories be a blessing.



Our community will be represented at the annual General Assembly of the Jewish Federations of North America in Denver by Executive Vice President **Debby Grant**; JFNA Board Member **Alan Feldbaum**, and Leadership Award winner **Brian Kordansky**.



Jewish Federation
OF ST. JOSEPH VALLEY

The mission of the Jewish Federation of St. Joseph Valley is to serve the Jewish people—locally, in Israel, and throughout the world—through coordinated fund raising, community-wide programming, services, and educational activities.

Lunch 'N' Learn Dates

Our Lunch 'n Learn Series meets on the first Wednesday of each month. Everyone in the community is invited to join us. We meet from 12:00 – 1:00 PM with speaker and lunch taking place simultaneously. The cost of the lunch is a suggested donation of \$5.00. Reservations are requested so we have enough food for everyone. Here are upcoming sessions:

Wednesday, November 3. Michiana Jewish Historical Society: Can You Picture This?

David Piser and Maggie Goldberg from the Michiana Jewish Historical Society will discuss their latest initiative – creating an electronic archive of pictures about Jewish life in Michiana throughout the decades. Developing this archive will involve scanning photos relating to organizations, congregations, families, businesses and other aspects of the Jewish community. Come learn how you can participate.

Wednesday, December 7. Mike Levin on Long Term Care Insurance: The Missing Piece for a Secure Retirement

Michael Levin will discuss Long Term Care Insurance: what it is, what kinds of UNINSURED health care expenses it pays for, how it can help keep you OUT of a nursing home, and how it can protect your life savings from complete depletion.

Mike is a Chartered Financial Consultant and a Chartered Life Underwriter and has assisted individuals and families with their insurance and retirement planning needs for 38 years. He is an independent broker and will shop the market for his clients at no charge. Mike is also an accomplished stand-up comedian (he has performed once and received one raving review) and hopes that you will enjoy the humor that he weaves into this serious topic.

Holiday Community Lunch series

Our Holiday Community lunches normally fall on the third Wednesday of the month from 12:00–1:30 PM. These festive lunches are theme-focused, primarily on the Jewish year or appropriate holiday season.

Our lunch on November 16 will have a Thanksgiving theme, and a festive lunch “with all the trimmings.” Helen Pollak, an accomplished pianist, will play piano for our enjoyment.

The **December 21** lunch will be our Chanukah lunch with latkes, sour cream, and applesauce. The South Bend Hebrew Day School first graders will sing traditional Chanukah songs.

Reservations for all lunches are requested one week prior to the event. Please call (574) 233-1164 to RSVP.

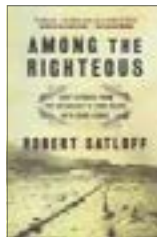


September CRC event featured renowned speaker Hon. Irwin Cotler

On Wednesday, September 13, 2011, the Community Relations Council (CRC) and its' cosponsors hosted the Honorable Irwin Cotler, Member of the Canadian Parliament, at the University of Notre Dame's Eck Law School. Cotler spoke on *Ahmadinejad's Iran: A Threat to Peace, Human Rights, and International Law*. The event was well attended, and Cotler spoke to many students, staff, and members of the community afterward. Many thanks to Bob Feferman, CRC Chair, for his many hours helping to coordinate this program.

Back row, from left to right: Bob Feferman, Professor Joe Bauer, Rabbi Michael Friedland, Professor Mike Kirsch, Dr. Bill Gitlin, Rabbi Kuppel Lindow, Sean O'Brien, Dave Ravitch, and Professor Douglass Cassel. Front row, from left to right: Rabbi Eric Siroka, Rabbi Meir Bulman, Hon. Irwin Cotler, Mike Lerman, and Debby Grant.

Satloff (Continued from Page 1)



Temple Beth-El on November 13, and the WNIT Program on November 3, are cosponsored by Temple Beth-El's Kurt and Tessye Simon Fund for Holocaust Remembrance, the Okon Family Fund for Holocaust Education of the Jewish Federation of St. Joseph Valley, the Islamic Society of Michiana, and the Notre Dame Holocaust Project. In addition, many generous individuals from both the Muslim and Jewish community helped to make these two events possible. A special thanks goes to the staff of WNIT for hosting

and organizing the town hall meeting and re-broadcasting *Among the Righteous*.

About the speaker

Robert Satloff is executive director of The Washington Institute for Near East Policy, a post he assumed in January 1993. An expert on Arab and Islamic politics as well as U.S. Middle East policy, Dr. Satloff has written and spoken widely on the Arab-Israeli peace process, the Islamist challenge to the growth of democracy in the region, and the need for bold and innovative public diplomacy to Arabs and Muslims.



Caring Connections by Lizzie Fagen, Jewish Family Services Director

Help for families under stress

In today's world where many families are experiencing stresses associated with economic hardships, where day after day we hear about natural disasters or people-made disasters claiming thousands of lives, it is easy to feel a general sense of "malaise" for even the most optimist amongst us. We all experience times in our lives when we feel sad, lost, or "blue" – not ourselves. It is especially common to feel overwhelmingly sad when we have lost a beloved family member or friend – a normal stage of grieving. Feeling sad or "mildly depressed" is part of the human condition. It is one of our many varied emotions and mood-states that we feel after a loss or momentary setback that, hopefully, when resolved, propels us forward to reclaim life anew with a hopeful perspective.

But what about the sadness or the depression that does not go away? The depression that is caused by a diagnosed or undiagnosed psychiatric condition that, left untreated, escalates to a state of despair? Or, the depression that begins normatively, but then does not heal and slowly progresses to a more extreme form in which all sense of hope is shattered? In such situation, the affected per-

son can begin to develop suicidal ideation—the notion or fantasy that the only solution to utter hopelessness is **suicide**. In such situations, it is of utmost importance that the affected person receives the help and treatment needed in order to dispel the suicidal thoughts and severe depression.

Through Jewish Family Services, the Federation offers an annual Yom I'yyun – Day of Learning – in which the community learns together about a topic that would benefit the general health and well-being of our community. This year, on Sunday, November 20, from 9:30 AM-1:30 PM, Jewish Family Services is offering a Yom I'yyun on Depression (*see schedule on Page 5*). We are all familiar with the upward trend of people of all ages suffering from depression – whether it is due to family, global, geriatric, economic, post-partum, teenage, bullying, psychiatric, homophobic or "just being different" types of stressors and conditions. It is the hope of Jewish Family Services, that the Federation can provide a safe environment in which our community can learn to recognize the signs, symptoms, risk, and warning factors of depression and in its most extreme form –

suicide. With the understanding of what is normative to what is extreme in terms of the stages of depression, comes the awareness, we hope, of what is needed to help a suffering person get the help and treatment that is needed for better mental health.

We have called our November 20 Yom I'yyun, *Living with Depression in All its' Stages* – a *pikuach nefesh* Yom I'yyun for a specific reason. "*Pikuach Nefesh*" means to "save a life." By removing the stigma associated with depression and its most extreme form of expression – suicide – we hope that all of our community members will feel confident in seeking out resources either for them-

selves or someone they love who might be at risk.

Please join us on Sunday, November 20th for this important Day of Learning. You may **RSVP directly to the Federation at 233-1164 or by e-mail at receptionist@thejewishfed.org**.

If you have any questions about the day, please call me, Lizzie Fagen, at **233-1164 ext. 104, or email me at: lfagen@thejewishfed.org**.

The Jewish people have never been a people to "turn away" from difficult discussions or life-situations. Let us learn together how we can best respond compassionately and effectively towards each other when one of us is living with depression – whatever its stage.

Person-to-Person, we say "Thank you, Jerry!"

Jewish Family Services extends a warm thank you to Jerry Brumer for the 15 years of dedicated service he has given as our Monday Person-to-Person phone caller and as a driver for our Get-up-and-Go program. Jerry is always cheerful and has a pleasant word for everyone.



Jerry, we hope you enjoy your second retirement as much as we have enjoyed having you on our volunteer roster.

We are pleased to announce that Helene Katz will be our new Monday Person-to-Person caller.

If you or a family member would like to receive a daily phone call from our friendly Person-to-Person callers, please contact Lizzie Fagan at 574-233-1164.

Jewish Family Services

Senior Activity Group Schedule

The Senior Activity Group continues to meet on Thursdays, but has re-located to Tanglewood Trace Retirement Center, 530 W. Tanglewood Lane, Mishawaka, in order to better serve our community members. The program hours have been changed to 12:30 – 2:30 PM with one activity, an extended coffee break with discussion and socialization, and an easy exercise session.

The cost of this program has been generously underwritten by the Ronald S. and Nancy Plotkin Cohen Endowment Fund of the Jewish Federation.

NOVEMBER SCHEDULE

November 3rd

12:30-1:30 PM – Art with Todd Hoover

1:30-1:45 PM – Coffee Break

1:45-2:30PM – Exercise with Suzanne

November 10th

12:30-1:30 PM – Cello Music with Rochel Leah Franks

1:30-1:45PM – Coffee Break

1:45-2:30PM – Michiana Jewish Historical Society (MJHS). Join MJHS members and help identify community members from photographs of earlier years.

November 17th

12:30-1:30pm – Music with Chris Robinson

1:30-1:45pm – Coffee Break

1:45-2:30pm – Exercise with Suzanne

There will be no Senior Activity Group on November 27 due to the Thanksgiving holiday.

Thank you to Corky Karlin for baking individual challahs for our Senior Activity Group for Rosh Hashanah.



Jewish Monthly programming at Tanglewood on November 21

Come and schmooze with Jewish Family Service Director, Lizzie Fagen, as we discuss up-coming programming at the Federation and at Tanglewood for the winter months. Come share your ideas with Lizzie! Good company and good dessert make for an enjoyable time. We will meet in the Market Place Room at Tanglewood at 12:30 PM.

Non-Tanglewood residents are welcome. Please call Lizzie Fagen at (574) 233-1164 if you plan to join us.

Jewish Family Services presents its third
Yom I'yyun – A Pikuach Nefesh Day of Learning
Living With Depression In All Its Stages
Sunday, November 20, 2011



- | | |
|-----------------|---|
| 9:30 AM | Registration, coffee & refreshments |
| 9:45 AM | Welcome & Overview
Lizzie Fagen, Family Service Director
Jewish Federation of St. Joseph Valley |
| 10:00 AM | Keynote Speaker:
Ann M. Schelle, MS, LPC, Director
Suicide Prevention Center of St. Joseph County |
| 11:45 AM | Lunch Served |
| 12:15 PM | "A Survivor Speaks"
Anita Fishman |
| 1:00 PM: | Conclusion – Lizzie Fagen |

About our Speakers:

Ann Schelle will present on the stages of depression; the prevalence of depression from a national to a local level; the myths of depression; warning signs; and how to respond to a person in crisis. Question and Answer session to follow.

Anita Fishman, a long-standing community member, is the survivor of four family suicides. She will share her story and experience as a survivor.

Please register me for the Yom I'yyun Day of Learning
Reservations are requested by November 14 so we have enough handouts and lunch. Please use the form below or call 574-233-1164.

There is no charge for this event, but donations for lunch are appreciated.

NAME _____

PHONE _____

E-MAIL _____

Send to: Jewish Federation of St. Joseph Valley,
3202 Shalom Way, South Bend, IN 46615
Online Reservations: www.thejewishfed.org

Jewish Federation Book Club



Last month, the Traditional Book Club met to discuss "The Help," by Kathryn Stockett. While this book didn't have Jewish themes, necessarily, the group could sympathize and relate to many characters in this novel. One member recalled having a black housekeeper many years ago who grew very close to her family, and especially to the children.

Just as in the novel, her housekeeper kept photos of the children with her and at her home. She was a mother-figure, in a sense, to the kids and also kept in line with certain societal standards from that era. The housekeeper was invited to sit with the family during meals, but she always politely declined. Also, she always wore a clean, white uniform and made sure that it was noticed.

Other members of the group recalled the race riots, segregation, and eventually the desegregation efforts right here in South Bend.

Ruth Tulchinsky spoke about how her late husband, Maurice Tulchinsky z"l, played an instrumental role in claiming civil rights for blacks during the 1950s, and helped to desegregate the South Bend Natatorium (the public pool on Washington Street). As a lawyer, he worked hard to identify the rights of African-Americans in South Bend, expose the truth about them, and bring to light the need for desegregation. He was successful and many leaders followed in Maurice's path in the years to come. Today the natatorium has been reclaimed by the IUSB Civil Rights Heritage Center and has become an important archive for the integration and unification of blacks into our community.

Themes of segregation, human rights, power of the media, and even revenge in "The Help" seemed to unify the whole group as many were originally from other countries such as Poland, Germany, and France. They could all relate to the book's themes and easily found themselves and their past within various characters in the book. Everyone agreed it was an important novel which helped them to gain insight to what "the others" were like and how they felt. Even our group members felt like the housekeepers in the book in the past, they said, and they highly recommend both the book and the new movie based on the book.

The next book club meeting will be a joint group all reading and discussing "In the Garden of Beasts" by Erik Larson. Both the Traditional and Contemporary Book Clubs will meet on Monday, November 7 at 11:45 AM. Please bring a lunch for yourself if you would like. Please call the office for more information.

HEBREW ULPAN CLASS

Classes will begin Tuesday, November 1

Taught by Israeli Shlich, Yael Farber.

6 PM Advanced; 7 PM Intermediate
Please let us know if you are interested
and your level of proficiency.

Cost is \$50 per Semester

If you are interested, please call the
Federation at (574) 233-1164, or email
Yael at yael@thejewishfed.org



Bus Trip for Jewish, Rwandan, and Notre Dame Communities of Michiana

Sunday, November 6, 2011

Meet at 9AM

Return at 4 PM

Details will be provided after
registration and payment.

There is no charge for this trip.

To register, contact Valerie Silver
vsilver@thejewishfed.org or by
calling (574) 233-1164.



at

**SPACE IS LIMITED TO 15 PARTICIPANTS
FROM THE JEWISH COMMUNITY.**

Co-sponsored by the Notre Dame Holocaust Project and the
Jewish Federation of St. Joseph Valley.



We're going to Cuba!

The Jewish Federation of St. Joseph Valley in conjunction with B'nai B'rith International and Jewish Cuba Connection, Inc., is hosting a Jewish humanitarian aid and tourism trip in February 2012! Currently there are 22 participants signed up with deposits paid. By the time you read this, we may be full as we're closing registration at around 30 people. If you are interested, contact Valerie Silver or Debby Grant ASAP to see if there are any openings remaining.

5-Day Option: Feb. 21-26

8-Day Option: Feb. 21-Mar. 1

A deposit of \$500 is due immediately, and the balance must be paid the week of November 22.

Find all of the information and details about the trip at www.thejewishfed.org/TRAVEL, or call the office at 233-1164. You may also email Valerie Silver at vsilver@thejewishfed.org.

In the Bankoff Gallery at the Jewish Federation

NIA on Display



Featuring the works of the Northern Indiana Artists, Inc.

Artists' Reception
Sunday, November 20, 2011
7:00 — 9:00 PM

On exhibit at the Federation
 through December 2011

Memorial Contributions to Jewish Federation Designated Funds

We welcome contributions to our various funds listed below. Individual acknowledgment cards are sent for each contribution.

Jewish Federation Community Campus Endowment
 Jewish Federation Executive Director's Discretionary Fund
 Jewish Federation of St. Joseph Valley (Unrestricted)
 Jewish Welfare Fund/ Annual Federation Campaign
 Jewish Women's Endowment Fund
 Ruth and Ben Levy Senior Services Fund
 Bernard H. Natkow Community Lecture Fund
 Bernard and Shirley Natkow Campership Fund (Camp Ideal)
 Bob and Pat Turbow (Library Acquisitions) Fund
 Friends of The PJ Library
 Okon Family Endowment Fund for Holocaust Education
 Ronald S. & Nancy Plotkin Cohen Endowment Fund
 Post 318, Jewish War Veterans Library Fund
 Robert Simon Leadership Development Fund
 Kurt and Tessye (z"l) Simon Seniors Living with Dignity Fund

The Jewish Federation expresses its sincere appreciation for these contributions:

From the following contributors:

Harold Berebitsky and Sons	Maggie & Steve Goldberg	Evelyn Rosenstein
Babs and Mel Waks	Dr. & Mrs. Arnold Hartz	Carol Rusinek
Beverly and Peri Arnold	Diane & Dick Evans	Sally Goloubow
Reggie and Judd Lowenhar	Mary Powell	Muriel Hurwich
Ina and Irv Rosenberg	Debby Rosenfeld	Gayle Silver
Linda and Mark Toth	Leah and Neil Silver	Marilyn Brown
Sandy and Doug Barton	Gigi Turbow-Marx	Shirley Berebitsky
Birgit and Hugh Metzger	Valerie and Ben Silver	Lucy Gould
Helene and Bernie Katz	Jody and Sheldon Hirst	Gloria Wolvos
Barbara and Michael Katz	Betty and Mel Sandock	Alice Schuster
Linda and Richard Mintz	Pinky and Bud Raab	Ruth Goltz
Anita and Stu Fishman	Marsha and Fred Kahn	Marianne Burdeen
Diane and Bill Sarnat	Lynda and Chuck Simon	June & Eli Glazer
Cheryl & Ray Waldman	Jerry and Sally Brumer	Elaine Koenig
Ruth and Bob Gross	The Rozenblit Family	Margery Bluestein
Marilyn & David Gardner	Essi Katz	Adele Paskin
The Board and Staff of the Jewish Federation		

To the following funds:

Jewish Family Services and Food Pantry
 Jewish Welfare Fund/ Annual Campaign
 Ronald S. & Nancy Plotkin Cohen Endowment Fund
 Jewish Women's Endowment Fund
 Kurt and Tessye (z"l) Simon Seniors Living with Dignity Fund
 Rabbi Michael A Signer Memorial Unity Garden of Eden

Congratulations and Best Wishes to:

Jerry Brumer on retirement as Jewish Family Services volunteer

Get Well /Thinking of You to: Evelyn Rosenstein Makayla Todd
 Clara Kats

In Appreciation to: Mona Medow Carol Kapson

Happy Birthday to: Sura Shikhman
 Nancy Cohen Anita Fishman Leslie Gitlin
 Joseph Wind Diane Sarnat Debby Rosenfeld
 Kurt Simon Morris Rosen Ed Shykind

In memory of: Frances Lerman Berebitsky Betty Stephan
 Lena Berebitsky Marie Goldner Betty Pomush
 Harvey Bender Harold Phillips Esther Balikov
 Sylvia Plotkin Ziva Cossman Mary Sheer
 Mr. Pelberg Effie Raber Hill Gillis

From the desk of the Israeli Shlichah

"Welcome Home!" *By Yael Farber, Israeli Shlichah*

This is how I was greeted when I returned from my month-long visit to my home in Israel. Therefore, how could it be that I'm coming "back home" when I just returned from "home?" The truth is, it sounded right to me. In some way, South Bend and the Jewish community here became another place I can call "home." When I came back, everything was familiar. My apartment was waiting for me with all of my things and, at my office, I knew exactly what was in every drawer and behind every door. Of course I have received many, many hugs from friendly faces and I was truly happy to meet my friends and host families, whom I missed so much. There is no doubt that it's a very different feeling from what I felt last year when, although the welcoming was just as warm, everything was new and unfamiliar. I hope and believe that, with such a start, I will have another great year with all of you.

There is someone else who just returned home, but under very different circumstances. It happens to

be that today (October 18, 2011), while I am working on my column for *Our Community News*, Gilad Shalit has returned home to Israel. As an Israeli, I am experiencing a storm of emotions. It seems that there is no bigger injustice than that of releasing 1,027 Palestinian prisoners – among them mass-murderers and cold-blooded terrorists that now have been set free. However, there is one bigger injustice, and that is the fact that Gilad Shalit was held somewhere in Gaza in a dark Hamas dungeon for more than five years – 1,941 days, to be exact. It was amazingly exciting to see Gilad return home to his family and it was a moment which the entire country had prayed and wished for so long.

For better or for worse, this is a time when the entire people of Israel are united in joy, but also in pain. It's another event that deepens the complexity of the daily reality of Israel, and also highlights the vast differences between us and our enemies' values as we, Jews, cherish the sacredness of life.

Welcome home, Gilad!



WELCOME HOME, GILAD!

The Jewish Federation of St. Joseph Valley is rejoicing as Sgt. Gilad Shalit, an Israeli soldier who had been held captive by Hamas for more than five years, was released on October 18, 2011. He has now been reunited with his family back home in Israel where he was welcomed by the Israeli public who have prayed and hoped for so long for his return.

B'Shalom,
The Board and Staff of the
Jewish Federation of St. Joseph Valley

(Above photo: Gilad is reunited with his father, Ben-Zion Shalit, and greeted by Prime Minister Benjamin Netanyahu, and members of Defense Chief Shaul Mofaz.)



DINNER'S ON US!

Tuesday, November 29

IU Bloomington students are invited to dinner with Federation Executive Vice President Debby Grant and Israeli Shlichah Yael Farber in Bloomington on November 29.



If you have a student at IU Bloomington, please send us their email address so we can contact them and be sure they get invited to join us for a free meal and news from home. Send emails to: dbartongrant@thejewishfed.org or yael@thejewishfed.org.



DON'T MISS
SaBaBaH's Lock-in
11/5/11 8:00 PM
to 11/6/11 9:00 AM





PJ Library November Books

For Ages 2 to 3

Hanukkah, Oh Hanukkah

by Olga Ivanov

Illustrated by Aleksey Ivanov

The joyful and beloved Hanukkah song comes to life in this book for the very young.



For Ages 3 to 4

Eight Winter Nights

by Laura Melmed

Illustrated by Elisabeth Schlossberg

Short poems describe food, fun, traditions and togetherness associated with Hanukkah, the Festival of Lights.

For Ages 5 to 6

The Golem's Latkes

by Eric Kimmel

Illustrated by Aaron Jasinski



When a rabbi leaves his housemaid in charge while he visits the emperor, a golem, a creature made from clay, comes to life and creates more latkes than the city can contain.



For Ages 6 to 7

Nathan Blows Out the Hanukkah Candles

by Tami Lehman-Wilzig with Nicole Katzman

Illustrated by Jeremy Tugeau

Jacob loves his brother Nathan, who is autistic. When Hanukkah comes, Jacob worries that Nathan might embarrass him in front of his new friend. What if Nathan blows out the Hanukkah candles?!

Enroll or Renew Today!

For more information about PJ Library, call Debby Grant at 574-233-1164.



SABA BAH PURIM COSTUME DRIVE

Drop off your old costumes at the Jewish Federation after Halloween.

Our Partnership Region in the Western Galilee is creating a costume bank for next Purim.

Ask your friends and neighbors to donate



Contact Yael Farber at 574-233-1164 or email Yael@thejewishfed.org

PJ Library's Babies, Tots, & Blocks Play Dates



Babies, Tots and Blocks will resume after the fall holidays on the 2nd Monday of each month from 9:30 AM -11:00 AM.

Mark these play dates on your calendar:

Monday, November 14 at 9:30-11:00 AM

Monday, December 12 at 9:30-11:00 AM

Babies, Tots, and Blocks provides age appropriate play for your children 0 to age 5 under the direction of Lizzie Fagen. Please call Lizzie at (574) 233-1164 if you have any questions or suggestions for the group.

Est Gezunterhait (Eat in Good Health)

Marinated chicken for Shabbat *by Deena Abraham*

The days are getting shorter. Winter is right around the corner. Soon we will be shoveling, show blowing, scraping ice off of car windows, trying to find that elusive missing glove, and so many other things that are part of our winter experience. One of the stresses of winter for me is adjusting my Shabbos preparations so everything can get done when there are less daylight hours in the day.

One of my typical Friday activities is making chicken for the Friday night meal. While not always a very time-consuming task, I have found that this can be somewhat tedious. It depends on which recipe I chose to make. During the winter, I often opt for simpler recipes. An easy way to save time is to marinate the chicken overnight on Thursday. I like to prepare marinades in a plastic bag with a "zipper" closure. I marinate the chicken in the bag and just turn it over a few times while it sits in the marinade. This way, come Friday afternoon, the chicken is clean, flavored, and ready to go in the oven.

Below are a couple of marinade recipes that I use. When I bake the chicken, I keep the marinade in the pan. If you grill the chicken or, for

any reason, don't use the marinade - throw it away. After a marinade has been used for meat or poultry it should not be used in any way unless it is for cooking the meat or poultry.

Here's a very simple marinade idea if you are going to be baking or sautéing chicken. Marinate it overnight in Italian salad dressing. I am a big fan of Wishbone Italian dressing. When that became kosher it was very significant in my kitchen. That stuff does incredible things for chicken.

Here is one of my favorite marinades. If you want, you can increase the amount of garlic. The garlic and lemon combination is really nice.

BAKED LEMON CHICKEN

1/2 c. lemon juice
2 Tbsp. olive oil
2 Tbsp. white wine vinegar
2 tsp. dried rosemary, crumbled
1 tsp. dried oregano
1/2 tsp. salt
1/4 tsp. pepper
3 garlic cloves, minced
1 large chicken, cut up

Combine all ingredients, except the chicken, in a bag with a zipper closure. Add the chicken and marinate for 4-24 hours. Bake in a greased 9x13" pan at 350 for about

an hour, basting occasionally. The marinade will reduce to a glaze.

Here's another good marinade. This recipe come from Lisa Lerman (and her sister-in-law Jennie.) This marinade has less lemon and garlic, a different herb, and a lot of sherry.

EBONY CHICKEN

2 1/2 - 3 lb. chicken
1/4 c. lemon juice
1 1/4 c. cooking sherry
3 Tbsp. olive oil
1 clove garlic, crushed
1 tsp. tarragon
1 1/2 tsp. salt
paprika, to taste

Arrange chicken in a shallow 9x13" baking dish. Combine the remaining ingredients, except paprika, and pour over the chicken. Marinate in the refrigerator for at least three hours. Sprinkle paprika over the top before baking. Bake at 375 for one hour.

If you have any recipes that you would like to share, please send them in! You can e-mail recipes to me at dsabraham@ameritech.net. I can take your recipes over the phone at 287-8872. Or, you can send recipes to me at 2926 Erskine Blvd., South Bend, IN 46614.

A TASTE OF THANKSGIVING GIVING THANKS - GIVING BACK

During this season of understanding the United Religious Community invites you to a special pre-Thanksgiving event

**Sunday, November 20, 2011
5 PM at Century Center**

From across the religious, cultural and ethnic spectrum people of greater Michiana join together to give thanks for the many blessings we know in our lives.

We will share in greetings and words of encouragement and faith and sample tastes of Thanksgiving from different backgrounds

All are invited and welcome Please bring non-perishable food items (or a donation) to help feed those who are in need.

KOSHER KITCHEN WISH LIST

The Federation kitchen is accepting donations to upgrade its kitchen utensils. Needed items include:

- Commercial Quality Immersion Blender
- Heavy-Duty Sauce Pans and Skillets
- Chef's Knives
- Service for the stove cooktop



Tzedakah Sunday aka Super Sunday- Donors and Volunteers Needed on December 4

Telephones will ring throughout the St. Joseph Valley on Sunday, December 4, 2011 when our community holds its thirtieth Super Sunday phone-a-thon- recently re-named TZEDAKAH SUNDAY. On December 4th, please share your generosity with our entire Jewish community— here, in Israel, and throughout the world— with a gift to the Jewish Federation's 2012 Annual Campaign.

Co-Chairs Birgit and Hugh Metzger, Jill Ross, Yehuda Seligson, Bonny Hoover, Anita & Stu Fishman and Ben Silver have planned an exciting Tzedakah Sunday, including contests, prizes, great snacks, buzzing phone lines, and *ruach* to spare...oh, and fundraising too! This year's event will take place at the Jewish Federation of St. Joseph Valley on December 4 with two shifts of callers, one from 9:30 AM to noon, and one from noon to 2:30 PM. We will also hold our first follow up night on Thursday, December 15th from 5:30 PM to 7:30 PM, to ensure that we reach as many of our community members as possible.

"We need at least 50 volunteers to staff the phones and urge our friends and family to pledge the funds essential to meet our community's needs," reminds Federation Executive Vice President, Debby Grant. "You do not need to be an experienced solicitor in order to help out on Tzedakah Sunday. For those willing to make phone calls (and we hope that most of you are in this category), we will offer a quick and painless training session on the day of the event to make every caller, novice or experienced, feel comfortable raising money for the Jewish Federation's Annual Campaign. And for those of you who are unable to make calls, you are still needed as tallyers, card runners, researchers, babysit-



SUPER TZEDAKAH SUNDAY.

Co-chairs Birgit Metzger, Hugh Metzger, Ben Silver, Yehuda Seligson, and Jill Ross (not pictured Bonny Hoover, Anita & Stu Fishman) are getting ready to call YOU on December 4. Please answer the call, and keep those smiles coming!

ters, and snack refillers." Bring your cell phone and please contact the Jewish Federation at 574-233-1164 or by email at receptionist@thejewishfed.org to sign up for a shift or to lend us your cell phone and minutes for the day. And if you would like to volunteer, but are worried about leaving your little ones at home, please call the Federation and we will be happy to arrange for babysitting.

Your financial gift goes a long way. During these hard economic times, we stretch your dollars to provide critical social services to our seniors and families, Jewish identity developing entertainment for our children and young adults, and Jewish education for our adults. We also reach out to Jews in need throughout the United States, in Eastern Europe, Ethiopia, South America, and Israel. Your collective gifts to the Annual Campaign truly reaches around the world and touches all aspects of Jewish life.

Thank you in advance for your generosity. The good we do starts with you!

Maximize your giving with monthly payments!

Discover how you can to continue to serve the Jewish community by contributing more in a way that you won't even miss...

- If you are giving \$36 per year, you can increase your annual gift to \$120 by paying a monthly installment of only \$10.
- If you give a \$50 per year gift, you can quadruple it by paying a monthly installment of \$18.
- If you give a \$100 a year gift, you can triple it by paying a monthly installment of \$25.

The Jewish Federation is proudly offering you the opportunity to make contributions (weekly, monthly, quarterly) so that you can effortlessly increase your benevolent contribution in a manner that requires no additional time investment, and so fellow Jews around the world can experience your magnificent impact in a powerful way.

Maximize your giving.

\$10 per month = \$120

**\$18 per month = \$180
(10 months)**

**\$18 per month = \$216
(12 months)**

\$20 per month = \$240

\$25 per month = \$300

\$36 per month = \$432

\$40 per month = \$480

\$50 per month = \$600

Check the yellow box on the pledge form on page 14, or call the Federation office, (574) 233-1164 to make your pledge. You may also set up recurring scheduled payments online on our web site at www.thejewishfed.org.

Midwest Torah Center

Shabbaton November 4 and 5. We're back on schedule with our Shabbatonim being the first full weekend of every month. Join us this Shabbaton where our discussions will center on prayer. Friday night, November 4, we begin at 6:15 PM. The discussion will begin at 8:15 PM by Rabbi Lindow titled *Prayer's Answer to Why Bad Things Happen to Good People*. Shabbat morning we begin at 9:30 AM and Kiddush at 11:15 AM. The discussion will follow by Rabbi Nebel titled: *The Ten Languages of Prayer*.

Prayer: One-Way Conversation? Sunday November 6 at 5:30 PM. Rabbi Fred Nebel will present this talk as a conclusion to our weekend long look at prayer and how we can achieve a greater relationship with Hashem. Some ideas to be covered will be:

- The importance of praying in Hebrew vs. English
- Why prayers are repetitive
- Why we don't always get what we ask for
- Crash-course in how to communicate with your spouse

JLI - Jewish Learning Institute Wednesdays November 9 - December 21. JLI is an in-depth and enjoyable learning opportunity for the serious student. The topic to be covered this semester is *Fascinating Facts: Exploring the Myths and Mysteries of Judaism*. Does Judaism believe in guardian angels? Why do Jews use matchmakers? Who wrote the handwriting on the wall? A fun course in Jewish cultural literacy, full of surprising facts, myths, and mysteries surrounding Jewish tradition and practice. Go to www.myjli.com for the full details of the program. Special guest professor will be Rabbi Mendel Schusterman of Indianapolis. The cost is \$75 per student which covers texts and fees. Please sign up ASAP. Call the office at 574-234-9092 or email to info@midwesttorah.org. (There is no class November 23).

Ongoing Schedule.

Sunday: Shacharit 9 AM Talmud 10:30 AM
NCSY Pizza and Parsha 12:30 PM
Monday: 9:30 AM Exploring Aggadah
12 PM at Notre Dame - Pizza and Parsha
(College age and above)
Tuesday: 7 PM Jewish Behavior Modification
Wednesday: 9:30 AM Laws of Shabbat
NCSY Lounge night - 1st Wed. of every month 7-9 PM
Lunch and Learn - 2nd and 4th Wed. 12-1 PM
Thursday: 10 AM Jewish Speech Therapy
Shabbat: Parsha discussion after Kiddush every week
For more info call us at 574-234-9092 or visit our website at www.midwesttorah.org.

Temple Beth-El

Among the Righteous. In conjunction with Robert Satloff's visit, Temple's Book Club is reading *Among the Righteous* by Robert Satloff. Join the group on Thursday, November 3 at 5:30 PM.

Tina Wasserman, November 4- 6. The Kurt & Tessye Simon Foundation presents Beyond Brisket and Bagels: An Exploration of Jewish Culinary Heritage with Tina Wasserman. Tina is author of *Entrée to Judaism: A Culinary Exploration of the Jewish Diaspora*. This is one of the highlight programs of Temple's year long *Recipe for Engagement*.



Friday, November 4: Shabbat Service at 5:30 PM. *What's Beyond Brisket and Bagels?*

Saturday, November 5: Lunch and Learn! Shabbat service at 10:30 AM followed by a luncheon presentation by Tina Wasserman.

Saturday evening, November 5: *What Could Be Sweeter?* 10 Stations featuring Appetizers and Desserts Havdalah at 7:30 PM and a social evening enhanced by "hands-on" cooking. Limited to 50 cooks. You must pre-register, first come, first served.

Sunday, November 6: *Secrets of the Six-Braided Challah Revealed* — a Sunday morning Religious School experience for students and families. Afterwards, the brotherhood will host an all inclusive community room luncheon following religious school.

Ladies Night Out. Marlene Hollenkamp will host an evening of wine and appetizers from 6-8 PM on Thursday, November 10, at *Imagine That*, 707 N. Main Street in Mishawaka.

Women's Torah Study. This month's Women's Torah Study will be held Monday, November 28, 5:30 PM.

Holiday Happenings: a monthly program for young Jewish children and their parents — led by Anna Solov-eychik. The first session will be held on Sunday, November 13. Families (Temple members or not) are invited to join us at the beginning of Religious School at 9:45; the program will run from 10-11 AM.

Hebrew Orthodox Congregation

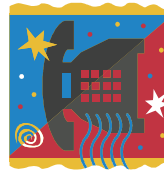
Some Torah learning opportunities at HOC:

Monday through Friday, 6:00 AM: Talmud Daf Yomi, Mesechta Chullin, taught by Rabbi Meir Bulman

Sunday, 9:00 AM: Talmud study group, Mesechta Brochos, taught by Rabbi Dovid Abraham

Jewish Federation Community Calendar

November 2011—Cheshvan 5772

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 4 CHESHVAN 12:30 PM Russian Club 1 PM Maj Group	2 5 CHESHVAN 12 Noon Lunch & Learn With Michiana Jewish Historical Society 1 PM Maj Groups 1:30 PM Michiana Jewish Hist. Society Family Tree Mtg.	3 6 CHESHVAN 12:10 PM Alzheimer's Caregivers Lunch & Learn 12:30 PM Senior Activity Group @ Tanglewood 1 0 4 PM Card Group 5:30 PM WNIT Sattloff Program	4 7 CHESHVAN TBE Simon Foundation: Tina Wasserman	5 8 CHESHVAN 8 PM SaBaBaH Lock-In  Lech Lecha
6 9 CHESHVAN 9 AM UND-Rwandan- Jewish Trip to Illinois Holocaust Museum- & Education Center JFNA General Assembly in Denver	7 10 CHESHVAN 11:30 AM Y Book Club: In the Garden of the Beasts	8 11 CHESHVAN 12:30 PM Russian Club 1 PM Maj Group ELECTION DAY	9 12 CHESHVAN 11:30 AM & 5:30 P Tai Chi 1 PM Maj Groups	10 13 CHESHVAN 1-4 PM Card Group	11 14 CHESHVAN 12 Noon MJHS Archive Committee Meeting VETERANS DAY	12 15 CHESHVAN  Vayera
13 16 CHESHVAN 3:00 PM Kristallnacht Program at Temple Beth-El with Robert Sattloff	14 17 CHESHVAN December OCN Deadline 9:30 AM Babies, Tots And Blocks	15 18 CHESHVAN 12:30 PM Russian Club 1 PM Maj Group 6:30 PM Men's Campaign hosts Hockey at UND	16 19 CHESHVAN 11:30 AM Tai Chi 12 Noon Community Thanksgiving Lunch 1:30 PM Mich. Jewish Historical Society Family Tree Mtg. 1 PM Maj Groups 5:30 pm Tai Chi	17 20 CHESHVAN 1-4 PM Card Group	18 21 CHESHVAN Chaye Sarah 	19 17 CHESHVAN
20 23 CHESHVAN 9:30 PM Yom Iyyun on Depression 7:00 PM Art Opening— NIA Juried Show	21 24 CHESHVAN 12:30 PM Tanglewood Monthly Program	22 25 CHESHVAN 12:30 PM Russian Club 1 PM Maj Group	23 26 CHESHVAN 11:30 AM Tai Chi 1 PM Maj Groups 5:30 PM Tai Chi	24 22 CHESHVAN Federation Office Closed  Happy Thanksgiving! THANKSGIVING DAY	25 28 CHESHVAN Toldot	24 24 CHESHVAN
27 1 KISLEV ROSH CHODESH	28 2 KISLEV	29 3 KISLEV 12:30 PM Russian Club 1 PM Maj Group	30 4 KISLEV 1 PM Maj Groups		 JEWISH FEDEATION ANNUAL CAMPAIGN TZEDAKAH SUNDAY IS DECEMBER 4	

2012 Annual Jewish Federation Campaign Pledge Form

NAME _____

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OF ST. JOSEPH VALLEY

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My pledge to the 2012 Jewish Federation Annual Campaign is \$_____.

In consideration of the Jewish Federation's reliance on this pledge, and in recognition that funds will be allocated and disbursed to our beneficiary agencies and for services rendered, I hereby pledge and promise to pay the sum noted above to the 2012 Jewish Federation Annual Campaign.

CONTRIBUTOR'S SIGNATURE _____ DATE _____

My name may be listed as _____

- ☐ In an alphabetical listing
☐ In a category
☐ My pledge is anonymous.

THE GOOD WE DO STARTS WITH YOU. Thank you for your pledge.

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